

# September 2017

## KZBM PROGRAMME

Ek Minute & Street Food Night ~ Sat 16 September at 7:30 pm



Banu Mandal brings to you yet another entertaining game 'Ek Minute' followed by delicious street food. Each person from a team of 6 persons will be required to perform a task within one minute. It will challenge contestants to complete all kinds of whacky tasks in one minute.

So young and old, buckle your belts, roll up your sleeves, make a team of 6 persons and give team names to Katherina Irani at your earliest as only the first 7 teams will be accepted.

Participating will be thrilling, watching will be fun and the street food will be yummy. So hurry and buy your tickets now.

Venue: KZBM Hall

Time: 7:30 p.m.

Ticket per person: Rs 600

Last Date: September 12, 2017 till 1p.m.

## Z-CLIPS (6)

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### BBC Special Series on Pakistan's Minorities

70<sup>th</sup> Jashaan-e-Aazadi was celebrated by Pakistan and India on 14<sup>th</sup> and 15<sup>th</sup> August 2017 respectively. On the occasion BBC Urdu Service created a series of stories profiling lives of minority communities in Pakistan. BBC Hindi also ran it on its social media platforms.

Shumaila Jaffery, Multimedia Journalist of BBC Pakistan, based in Islamabad, produced the series which was aired on BBC Urdu Service from 7<sup>th</sup> to 11<sup>th</sup> August on radio and online outlets, and also by AAJ TV BBC's partner station in Pakistan.

Kermin Soli Parakh, our (KZBM) President and also Principal of BVS Parsi High School was interviewed to give an insight into life of an ordinary Parsi in Pakistan. While Isphanyar Minoo Bhandara spoke as a Member of the National Assembly representing all Minorities.

Other Minorities covered in Shumaila's documentaries were: Hindus, Christians, Buddhists and Sikhs.

You can watch Kermin's interview at: <https://www.youtube.com/watch?v=KyLwx4x8N1Y>



Parsis proud of the their Pakistani Identity -  
BBCURDU

And Isphanyar's interview at: <https://www.youtube.com/watch?v=48eZlZKiEu4>  
(at timing 8.50 to 12.30 minutes of the video)



Scribber Friday 11th August 2017 BBCURDU

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**"An Exquisite Musical Journey"**  
**On Sunday 20 August 2017**



Rashna Gazder took music to a new level: playing on the heart strings of humble to high generating behind the scene stupendous eight-digit donation and, culminating in an exquisite and entertaining concert.

Due to many stories in this month's issue justice cannot be done to this *manifique* event: It will be covered next month.

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## Remembering Darayes Divecha



God works in mysterious ways; all we mere mortals can do is bow our heads and accept His will. One such mystery was our Darayes Divecha (affectionately known as DD or Soli). Soli left home for Australia about four years ago full of hope and dreams to start a new life; there contracted the dreaded big "C" and left us in the prime of his life at the age of 52.

I did not know Soli in his school or college days. I first met him when we served together on KPI's committee with Toxy Cowasjee as President. He was our General Secretary then, from 2004 to 2007. He impressed me with his hard work, devotion to KPI and take-charge attitude; in short, an excellent worker. Few years later when I was press-ganged into being President, my one condition was that I would only accept if Darayes would agree to be the General Secretary, to which he readily agreed. We worked together for three years; and if I say so myself initiated several new programmes thanks to his help and support.

In all Darayes served KPI for six years as its General Secretary. Efficient, effective, dependable and totally reliable. He was volatile at times; but quick to cool down, forgive and forget; and always fair in his outlook and dealings with staff or members.

To give you a flavor of the man, I would like to share with you what he wrote in KPI's 2011 Annual Report:

### **"A word from the Secretary**

Ours is a dwindling community; unfortunately, each year, more Parsis pass away than are born. In addition, many others are migrating or going abroad for further studies or to better their career prospects. These are the grueling facts that cannot be denied. Yet, the handful of us that remain, are still a force to reckon with. The bond, unity and brotherhood that very much prevails amongst us, is our source of comfort and strength – especially in the unsettling times we find ourselves immersed in.

No matter how few we may be, we will always strive to give of our best. Institutions like ours, amongst others in the Community, will continue to hold programmes and functions that encourage children to learn to play by the Rules and the true meaning of sportsmanship; to entertain senior citizens; to bring entire families together to attend social and enjoyable evenings; and by and large, to keep the community close and interactive.

I would like to conclude by saying: *May you always walk in sunshine; may you never want for more. May the angels of health and happiness, rest their wings at your door. God bless you all and see you at KPI more often!"*

DD, you shall be missed by many; and I am certain that when you arrived at Chinwat Bridge and your deeds were weighed, you would have sauntered across a six-lane highway to heaven. Rest in Peace dear friend. Amen!

**Shahveer J H P Byramji**

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## Kawas Behram Aga at Commonwealth Youth Games



Kawas, son of Zeena & Behram Aga, along with Bismah Khan represented Pakistan in Commonwealth Youth Games in Nassau, The Bahamas.

For the interest of our readers we add that this was the sixth edition of the Games which started in 2000 in Scotland, followed by Australia, India, Isle of Man and Samoa in that order. At 2017 Games in the Bahamas, 64 countries took part with 1034 athletes participating in 9 different sports.

Kawas showed his prowess at Butterfly stroke (swimming) and clocked his own personal best, surpassing his previous best timing of 29.75 by 28.16.

Pakistan contingent's official Mohammad Asif Orakzai told 'The News' from Bahamas that Kawas did a fine job considering there is no 50m pool in Karachi where Kawas swims. "Pulling off such a good timing is a testimony to the fact that Pakistan has talent." Orakzai added.

The two swimmers were the only ones from Pakistan to represent the country in the Games, after tennis players and boxers were denied US transit visas required for going to the Bahamas.

*Source: The News*

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## Digital Art by Farshad Engineer



*Farshad Engineer*

*Some of his digital art*

Farshad Engineer's digital artwork was exhibited at the Ocean Art Gallery in Karachi, last month.

Peerzada Salman, a Journalist for DAWN says, “Engineer executes his concepts well and does not let the subject matter get eclipsed by his technique.”

“In a series highlighting women, he shows a candid side to them that’s not often seen in our part of the world. There is an air of abandon about them. Engineer covers his face and head in letters that give the image a textual feel, whereas the star is known for his musical notes. The element of abandon comes into the scheme of things with the candid attitude with which the digital artist merges the worlds of art and music giving it an interconnectedness that is essential for creative people to understand, and allows them to create what they will.”

Peerzada continues to say, “Then there is a line of artworks where nature - animals to be exact - becomes the focus of his attention. Through an image of a lioness he captures the posture of the animal where she is merely looking at something — perhaps a prey, perhaps a strange occurrence — but in that simple stare the grace of the creature is more prominent than her fierceness. This reiterates the fact that art, the kind of art that Engineer produces, has candidness at its heart, which is pretty engaging.”

**So who is Farshad? He is the son of Nelly and Hormuzd Engineer from Pakistan. The family is residing in Canada since more than a decade.**

Farshad always had a passion for art but realized his talent at age 15 when in high school and started making small drawings and sketches. As he got better, he went on to make more advanced art which led him to graduate from the Sheridan College, in Art Fundamentals and Visual and Creative Arts.

He says that “Creating art makes me happy, and it also makes me happy that everyone who see my work has a different connection and meaning towards it. It gives me a new dimension to see things through the eyes of others and improvise my artwork further.”

Farshad’s father being the cousin of our renowned artist Jimmy Fali Engineer, much can be expected from young Engineer in the future! [SFG](#)

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## **Dolly Dastoor honoured at ZAQ’s Golden Jubilee**



North America’s oldest Zoroastrian Anjuman, the Zoroastrian Association of Montreal celebrated the 50th anniversary of its founding in 1967, with a glittering Gala function in Montreal, Canada.

FEZANA congratulated ZAQ for celebrating this milestone event – a first for the North American Zarathushti community. **As part of the evening’s festivities, ZAQ bestowed the honor of the Lifetime Achievement Award to Dolly Dastoor** for her tremendous support and dedication to the Zoroastrian community of Quebec and beyond, and for her many outstanding achievements, both professionally and within the Zoroastrian community.

Among her many other stellar contributions, Dolly Dastoor served as President for ZAQ four separate times and has had an active role in FEZANA as past President of FEZANA and current Editor-in-Chief of the FEZANA Journal, and chair of the FEZANA Academic Scholarship Committee.

Dolly was completely taken by surprise at receiving this award. In her acceptance speech, she said that the Award itself did not matter as much as the recognition by the community of those

who volunteer their time, and **took this opportunity to urge the youth to step up to the plate and give of their time and talent towards the working of the community in the years to come.**

To read more about the whole event: <https://parsikhabar.net/news/zoroastrianassociation-of-quebec-celebrates-golden-jubilee-at-glittering-gala-inmontreal/15831/>

*In the picture above: Ervad Gev Karkaria with Dolly Dastoor*

WO has been informed that on the occasion, ZAQ also presented trophies to their two priests Ervad Gev Karkaria and Ervad Jal Panthaki for their service to the community and acknowledged the contribution of their wives Shirine Karkaria and Nergish Panthaki for their unwavering support to their husbands.

## OUR FRIENDS

**YMZA & DASTUR DR. DHALLA INSTITUTE  
PRESENTS**



## **SMART BRAINS QUIZ COMPETITION**

<b>DATE</b>	<b>23RD SEPTEMBER, 2017</b>
<b>TIME</b>	<b>7.30 (DOORS TO OPEN AT 7 P.M.)</b>
<b>VENUE</b>	<b>AQUARIUS HALL – BEACH LUXURY</b>
<b>TEAM COMPOSITION</b>	<b>ONE ADULT TO BE ACCOMPANIED BY 2 STUDENTS</b>

**TEAM NAMES TO BE GIVEN TO**

**NATASHA MAVALVALA – NATASHA MOBED – SHAHRAZAD IRANI**

**(0334-3659002)**

**( 0300-8222616)**

**(0300-9276062)**

**LAST DATE TO GIVE IN NAMES IS 15TH SEPTEMBER, 2017**

## Nargis Daroga Solves Mystery Picture



Nargis Kersi Daroga in Houston, TX made it her mission to find out who the mystery lady in the picture was. She reached out to family members, friends and strangers at large.

Carefully examining each clue, the man's right hand resting on the woman's shoulder, the wedding ring and the date at the bottom of the picture she concluded that the lady on the left is Khorshed Golwalla standing next to her husband, Nariman.

We now have an answer thanks to all who reached out and helped in the search.

*[Aban Rustomji ZAH Library – home of FIRES \(FEZANA Information, Research and Education System\)](#)*

## MILESTONES

### Navjote

[Anaya](#), daughter of Cherazad & Darius Khambatta, grand-daughter of Persis Maneck Mehta and Mehroo & Kershaw Khambatta on 30 July 2017

### Maran

**Cyrus Kersi Patel**, brother of Minoo and Shiraz on **29 July**

**Ex-Karachiite: Darayes Soli Divecha**, son of (late) Soli and Perin Divecha, husband of Dinaz Divecha, father of Darian Divecha and brother of Benafshe Golwalla on **2 August in Australia**.

**Banoo Boman Khambatta**, wife of (late) Boman Khambatta, sister-in-law of Meher Adarbad Khambatta, cousin of Meheroo Kershaw Khambatta, aunt of Feramerz & Spenta Khambatta, Hoshang & Bonnie Karani (USA), Fili & Yesmin Khambatta (Canada), and Shiraz & Yazdi Wania (Canada) on **4 August**

**Jamshed Jehanbux Vatcha**, husband of Kamal Vatcha, father of Roxanne Neville Mehta, Farzad Vatcha and Shaereen Mahveer Baria on **10 August**

**Tehmurasp (Sunny) Behram Khursigara**, father of Faranak David Sherwood (Sydney, Australia) and Toranj Behram Irani (Wichita, USA). Grandfather of Rooshad Behram Irani, (late) Rowena Behram Irani (USA), Nicholas and Nathan Sherwood. Brother of (Late) Rusy B. Khursigara and Shernaz Engineer (London) on **21 August**

## POSTING

### House No. 6-A Cyrus Minwalla Colony

On sale or rent.



Contact Ardesheer Kavasji on Mobile: [+1-647-200-1861](tel:+16472001861) - on WhatsApp, Viber or Facebook – or, on Email: [akavasji@yahoo.com](mailto:akavasji@yahoo.com).



## WHAT'S MORE

### GOOD LIFE

#### Music as Cure

We don't need extensive research to substantiate that singing and moving to music can have therapeutic value. However, scientifically speaking, whether one's going through a harrowing heartbreak or celebrating success, we instinctively use music to deepen the ways we're feeling and that's why it can be used in psychotherapy and for self-help.

According to research published in *Brain and Cognition* by Edinburgh University, music is medicine for the mind. Music therapist Dr Stella Compton-Dickinson recently revealed that issues such as **arduous apprehension, depression and poor academic performance can all be 'musically' reversed** and I couldn't agree more. Now that's where I arrest your attention.

#### ANXIETY

We all have a dissimilar inner pace or rhythm. Anxiety disturbs this 'inner peace' because it triggers the instinct to take flight. Anxiety is a rejoinder to fear and amounts to bottled up unexpressed energy that can trigger fight, flight or a sense of numbness.

During this response, muscles can tighten up as if to prepare us to battle it out or to escape. **This is when you need to reach out for the headphones and programme yourself: music on, world off.**

#### DEPRESSION

In *Darkness Visible: A Memoir of Madness*, author William Styron's autobiographical account of his struggle with depression, he describes how he planned to shoot himself but at the last minute heard the music of the German composer Johannes Brahms which saved him. His life began to mean something and he found solace in the melancholic and uplifting moods of Brahms's *German Requiem*.

**If you wake up too early feeling afraid, sad or lonely, try putting the radio on for company.** Have the volume just low enough to hear and choose your favourite radio station. You may then drift in and out of the songs being played, and this can take you out of your isolated state. It sounds anomalous but it works!

#### ACADEMIC PERFORMANCE

If your kid isn't excelling at school, don't send him to math tuitions to further dull his/her mind. Get them guitar lessons instead or violin or the piano. **Practicing a musical instrument is associated with enhanced verbal ability, the ability to work things out and improved motor coordination, reported *Daily Mail*.**



The intricate components and periods of discipline involved in becoming musically accomplished will most definitely revamp your child's focus and you'll thank your stars you read this piece!

Individual instrumental lessons can give kids and adults in college, the confidence needed to be better coordinated physically, with enhanced attention span and mental processing.

#### EXERCISE MOTIVATION

For many people, myself included, the apt, playlist is an indispensable part of their training routine and reduces negative feelings about exercise. Research has shown that music can sustain activity for longer as well as help distract from pain and fatigue.

**Hunting for songs that have the right emotional effect on you is imperative. For some folk, the lyrics matter most. For others, it is the cadence, rhythm or tempo which creates the desire to want to move and bust it out. You will know intuitively when music is motivating you, so the key is to experiment.**

**Parting verses:** The more you comprehend and appreciate music, the more you will discover that it is brimming with fascination which envelops your soul, baking you in a high like no other.

**Source:** Excerpt from article by Umnia Shahid  
In THE EXPRESS TRIBUNE > LIFE & STYLE > MUSIC

## OUR SONG

**Where did the tune originate?**

**Let Jehanbux Mehta tell you**



Mystery surrounds the origin of the tune of Chhaiye Humay Zarathosti. In the July issue of What's On, in the note accompanying the lyrics written by Firoz Batliwala, it stated that the tune is based on "Blue Bell" composed by Theodore Morse in 1904. Did he compose it or was it "borrowed" from somewhere else?

When abroad at company conferences, I always took a couple of days off to go sight-seeing. On one such occasion, when in Seville, Spain, after a hearty Sunday pub lunch downed by a pint of strong ale, I was wandering aimlessly among the picturesque cobbled lanes and suddenly stood mesmerized at hearing two boys humming "our Z anthem". With very little Spanish to my credit, I asked them what the tune was. They were surprised that I was not aware of it being a very old popular Spanish folk song. This was confirmed with energetic nods and toothless smiles by the elders who were witnessing the boys playing a game of marbles. And how amazed they all were when I joined in, albeit singing in a strange language. Forthwith there was another round of cerveza, compliments of my new friends. Viva Espania!





**For noting in your diary:**

<b>Day/Date</b>	<b>Time</b>	<b>Venue</b>	<b>Event and its details</b>
		KZBM	
Sat 23 Sep	7:30 pm (doors open at 7)	Beach Luxury Hotel	YMZA Quiz Competition 1 Adult + 2 students Last date for names 15 Sept