

OCTOBER 2015

KZBM's Annual Jashan

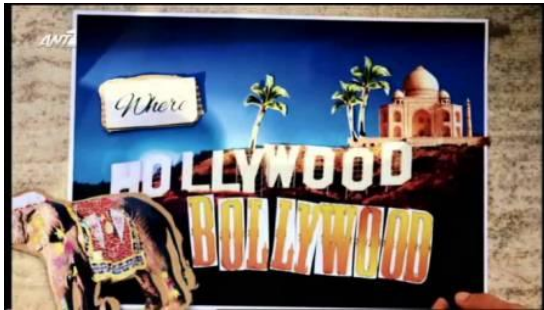
Wed 14 Oct at 4:30pm at the Mandal Hall

The community is cordially invited.

KZBM PROGRAMME

'Where Holly Meets Bolly'

On Sat 17 October at 7:30pm** at Beach Luxury Hotel



music and stars

- Questions will be only around entertainment

An evening of Funtertainment to exhibit your prowess in the world of entertainment: Pouruchisty Sidhwa will quiz you on your ability to recall infotainment pertaining to your Celluloid Stars.

It will be a fun-filled evening for all ages, with the following details to note:

- Team consisting of minimum 2 and maximum 4 persons.
First 10 teams will participate, please note.
- Questions will be on Hollywood and Bollywood trivia,

If you are a movies buff do make a team and give the names of the participants to Katherina Irani by Tuesday, 13th October, 2015.

Venue: Beach Luxury Hotel

Time: Doors to open at 7pm and programme to start at 7:30pm

Ticket per person: Rs 100

Last Date: Tuesday, 13th October, 2015 till 1 pm

KZBM's Annual Fancy Dress for Children

Congratulations to Mums and Grannies for their talent in dressing their young, and thank you Dilshad Irani for taking the pictures to delight our readers:







ATTENTION ALL:

THE A&T DIRECTORY IS BEING UPDATED FOR A NEW PRINT

Please send your updated details IF CHANGED AFTER DECEMBER 2009 to Toxy Cowasjee on toxy39@gmail.com or by phone on 3586 7088

Surname

Name

Spouse name

Children only if living in Karachi.

- Children studying abroad with a mention (sa)
- Children who are working or looking for work abroad are not to be included please.

Full address

Residence phone number

Mobile - indicating name against each

Work phone number - if necessary

Email

I have been updating my own copy, but mobiles and emails are changed constantly so do please provide them if changed, to help make our directory correct.

IF YOU ARE IN THE PROCESS OF LEAVING PAKISTAN IN THE NEXT 6 MONTHS PLEASE INFORM ME AND IT WILL BE KEPT CONFIDENTIAL. YOU WILL APPRECIATE THAT BEING FRESHLY PRINTED IT WOULD BE MEANINGLESS TO HAVE INCORRECT INFORMATION.

Individuals, who are willing to donate blood in the age group of 18 - 60 years only, please do come forward indicating your correct blood group.

FOR EX- PAKISTANI ZARTHUSHTIS

Surname
Name
Spouse name
Email id
City / State / Country

This information is included at the back of our directory and nothing else is required.

Please be kind enough to inform those who do not have emails. Thank you.

Toxy Cowasjee

Z-CLIPS

Parsi Thy Name is Charity



Dame Zarine Kharas



DBE Medal

This expression shined bright when ex-Karachiite Zarine Kharas was made *Dame Commander of the Most Excellent Order of the British Empire (DBE), on Queen Elizabeth's 2015 birthday honours for her contribution to business and charity.

Zarine Kharas and Anne-Marie Huby launched JustGiving (JG) the UK's first online fundraising platform in 2001, making charitable giving easier and more effective through digital technology. Today JG has become the world's leading social platform for giving; having helped people in 164 countries, raising over \$3.3 billion for good causes. The Charity Times claims that JG has "transformed the face of donating in the UK."

Zarine, a former lawyer and City banker with a BA in law from the Cambridge University, was awarded the RSA's Albert Medal in 2009 for 'democratising fundraising and technology for charities'. Her co-founder Anne-Marie made her name in London as UK head of the international charity Médecins Sans Frontières.

So what are the thought and modus operandi of JustGiving: why not hear it from Zarine herself on <https://vimeo.com/4426809> (copy-paste the link in your browser).

Ms Kharas has uniquely combined the Zarathosti spirit of enterprise and charity as additionally revealed by the business principles on the website:

FOR PROFIT AND FOR GOOD: a tech-for-good company which charges a fee, all of which is re-invested into building innovative new tools to make giving better for everyone.

INNOVATION: JS operate as an R&D team for every cause in the world, building on their 15 years social giving history to create more intelligent and powerful ways of connecting causes with people who care, which are open to everyone and every cause, however small.

DOING THE DECENT THING: It's not just what they do but *how* they do it. The users trust them because data is not shared with anyone without their permission. Uniquely, they also "never sell or trade personal information with third parties, or try to 'upsell' other services on the back of people's generosity." to quote from their website.

KZBM salutes this Zarthosti business-woman for her novel approach to charity, and is proud of the honour bestowed on her.

** Dame is a noble title and female equivalent of knight in the British honours system.*

Source: JustGiving website

Credit for photos and information that Zarine Kharas was made a Dame: Parsiana August 7, 2015

Mumbai Teenager, Magician Zenia Bhumgara Receives the Prestigious Merlin Award (The Oscars of Magic)



The International Magicians Society (IMS) New York gives this award to a few selected magicians all over the world for acknowledging their excellence and contribution to the Art of magic. The IMS founder, Mr Tony Hassini is coming from New York to present the award personally. The previous recipients include David Copperfield, Criss Angels, Penn and Teller and P C Sorcar."

Complete story at: <http://parsikhabar.net/individuals/magician-zenia-bhumgara-to-receive-the-prestigious-merlin-award/11353/>

OUR FRIENDS

Parsi General Hospital Suggestion & Complaint Box



hospital: you can make it better.

You will find this box on the pillar on left-hand, before the staircase in Parsi General Hospital. The Hospital management invites the community to share their thoughts to make the service and facilities at the Hospital better. Please give your suggestions and even complaints with your name and contact number. The details will of course be kept confidential but will facilitate a meaningful two-way dialogue, helping reach possible solutions. It is your

YMZA / Dastur Dr Dhalla Institute

Minwaila Music Competition 2015

Sun Nov 01, 2015 at 4 pm (participants must be present by 3:30pm) at the Avari Towers



The Music Competition is open for all Zarthostis in age categories:

- Under 6 yrs
- 6 & 7 yrs
- 8 & 9 yrs
- 10 & 11 yrs
- 12 & 13 yrs
- 14 & 15 yrs
- 16 – 17 yrs
- OPEN category - 18 yrs and above

Musical category: ANY musical instruments. ALL age categories can be performed solo, in a duet or in a group.

Singing & Music category: **Performances for this category will be from 12 years and above. This singing and music represents actual music on the stage and not a CD.** ALL age categories above 12 years can be performed solo, in a duet or in a group.

Participants should give their name(s) along with their age, instrument, name of tune (specifying solo, duet or group) and advise since WHEN they have been playing to the following committee members:

Kaizer Irani, Behroze Khambatta, Natasha Mavalvala and Natasha Mobed

Last date for names: Friday - October 16th, 2015

NOTES:

- Judging of all categories will be at the sole discretion of judges.
- Where age category in a duet or group is different, they will be placed in the older age group.
- Depending on age groups & number of participants in each, these categories may be either further sub-divided or combined together, at the judge's discretion.
- Only the Piano will be available on competition day. Any other musical instruments are the responsibility of the participant.
- **Children in audience below 6 yrs of age will NOT be allowed in the hall during the competition.**

Mushkil Asaan Prayers

October 2, 2015 at 5:30pm

Jamshed Baugh Club House

The JB Club Committee is thankful to the community members for their presence at the Mushkil Aasaan prayers and invites all Zarthostis to attend.

MILESTONES



Janam

Naomi, a girl to Rovina and Zubin Sethna on 25th August
Parisa a girl to Dilaira and Pooya Dubash on a 1st September

Maran

Noshir Jehanbux Vatcha, h/o (late) Yasmin Vatcha, f/o Persis, Syra and Goshpi Vatcha on 8th September

POSTINGS

Flat Available: 3rd floor, Collector Building, Katrak Hall Compound, Saddar. Contact Farhad Davar: 0300-262 3933.



For Sale

Suzuki Cultus 2007 model, with factory-fitted A/C and CNG. It gives 15 Km per Kg CNG. Interested persons may contact thetalatis@gmail.com

The Karachi Parsi Anjuman Trust requires:

A Part-time Junior Accountant: Male or Female : Zoroastrian or non-Zoroastrian. Applicants must have knowledge of Accounting and Book-keeping, preferably with some work experience. ACCA /MBA Finance or part-qualified CA or ICMA may apply. Knowledge of MS Office is necessary.

A Part-time Physician: Zoroastrian or non-Zoroastrian : a professionally qualified Doctor may apply; with sound work experience, who can attend to the medical needs of aged patients and is able to work 3 times in a week for 3 hours per time.

For both positions applicants to contact Aspi Mobed at aspimobed@gmail.com

Craft by Maz

: Doiley envelopes by Mah-Zarin

For sale at Rs 500/- per packet of five envelopes. You may contact Yazdi Haveliwala on yazdyar.haveliwala@aku.edu or Mobile: 0300 2316 6735, or Mah-Zarin Taraporewala on craftbymaz@gmail.com



WHAT'S MORE

GOOD LIFE

Dizzy Feet?



High heels, more so the stilettos, fascinate lot of us women: They alter our posture and gait, and look good on-and-off the feet. They can also give us back ache, knee pain and cramped feet if we wear them every day.

For day time it is wiser to go for wider heel and wider toe. There is also a suggestion to roll your feet over a small firm ball (like golf) when you get home and indulge in a warm-water soak with Epsom salt, to take away the stress on your feet.

When selecting shoes - more so the high heels - ensure your arch sits well in the shoe, to give the required support to your feet. And when walking in heels, move from your hips to lessen the weight on the knees and legs. Oh what some of us want to do to look attractive!

A word on platform-heels, flat ballet-type shoes and *khussas* : Platform heels are a big no-no as they provide no flexibility to the ankle and are best avoided, but if you like them then select ones with wider platform. Ballet-type - as much as flip-flops – provide no support to the arch: pumps and heeled *chappals* are a better choice.

Eastern footwear - we have to admit - is more feet-friendly, and today's trend here in clothing and footgear is towards it. This is good for us, as we cannot ignore our feet: our quality of life depends on them!

OUR FAITH

Navigating Zoroastrian Parenthood

June 2015 issue of The FEZANA Journal (of North America) has featured "Fostering Zoroastrian family values in the new diasporas". Among the articles I particularly liked Trity Pourbahrami's write-up on the above topic, and have her permission to give excerpts for our readers. – Editor

"I would like to define family values as ideas and practices that parents of children under 18 years of age care about and want to pass on to their children. I recognize that as the children grow the parents evolve and make changes to their approach, but I do believe that there are some values that are fundamental."



"In my nuclear family (my husband Peter, two elementary school children and me) we use a variety of approaches. Since we are both working parents we insist that the family eats dinner together. During dinner we ask each member to **talk about the rose and thorn of their day**: rose the best part and thorn what was irritating. As the children bring up events from their day, Peter and I being conscious of our values try to stress points that emphasis our values."

"The other day at dinner our third grader was tickled by a story her teacher told her about when her teacher was a baby and was being baptized. The teacher's first name is Robin, and the priest thought she was a boy and called her Robert. This upset the teacher's mom who taped a bow on Robin's head to ensure she was seen as a girl.

Peter and I saw this as **an opportunity to reemphasize our values regarding religion and choice**. As a follow-up to her teacher's story we talked about how in Zoroastrianism we wait till the child is old enough to choose her religion. We mentioned how it is the parents' responsibility to teach the child about Zoroastrianism and ensure that she has all the information she needs to make a good choice. This was a very light conversation at the level of our third grader as well as our first grader."

"Just as at the dinner table, we also have casual interaction with our girls when we are in the car. Our first grader has a wild imagination and loves to tell elaborate stories which often give us an opportunity to instill our value of being authentic and truthful. **We talk about the difference between what actually happened and how she likes to tell the story. We talk about the consequences of not being truthful about her own actions, as well as those of others.** We also hold her accountable by checking the facts with others who were involved in the situation."

"By sharing a part of Peter and my journey through Zoroastrian parenthood I am trying to continue the dialogue on this subject and would welcome your comments and thoughts on the greater issue of Zoroastrian parenthood and the more specific issue of Zoroastrian family values. Feel free to contact me at trity.pourbahrami@gmail.com "

AND...

Henry Kissinger once asked Chou En-lai to say what might have happened if Nikita Khrushchev had been assassinated instead of John F Kennedy.

After a moment's thought Chou En-lai answered: "I don't think Mr Onassis would have married Mrs Khrushchev."

Editor: Sunnu F Golwalla

Despatch: Last Saturday of the month.

Previous Issues: www.banumandal.com/what's on

Change of email: inform on kzbm1912@gmail.com to ensure continuity of receipt of newsletter.

Input from Community Members only: on kzbm1912@gmail.com latest by last Thursday of the month. If received later it will be placed in the following issue.

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