

MAY 2015

KZBM PROGRAMME



In March 2015 four Zarthushti women from Karachi - in the picture from left Veera Burjor Rustomji, Anushae Soli Parakh, Natalia Darius Karanjia and Ruxshin Cyrus Dinshaw - joined the Zoroastrian Return to Roots 2015 tour.

Return to Roots is a youth-initiated program designed to strengthen community identity amongst Zoroastrian youth the world over. The idea of a Zoroastrian Return to Roots Program was born out of the increasing disconnect between those Zoroastrians in the diaspora with their ancestral communities in Iran and India. It is a unique

means of fostering community links and identity by taking small groups of youth on trips to explore their religious, social and cultural heritage.

Anushae on her return, had to leave for the Far East to take up a job and has sent her thoughts and experience of the Tour for our readers, which appear after KZBM Monthly programme details. The remaining 3 women will together give a presentation with pictures and commentary on:



Followed by Tambola and Dinner
On Saturday 30th May 2015 from 8:00 pm at KZBM Hall

Venue: KZBM Hall

Time: 8 pm

Ticket per person: Rs 400

Last Date: May 27, 2015 till 1 p.m.

Tickets available from:

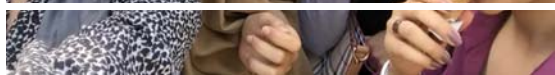
Phiruza Birdie

Zareen Patel

Parveen Banaji

Furengeez Tampil
Roshan Vannia

This is a youth-focused programme. We request our youth to spread the word and come with many friends to make it a success. Of course all ages are welcome too.



Anushae's thoughts

I grew up in a small, intimate and extremely supportive community. I was socialized into certain values and beliefs as any other child would. I received my *Sudreh Pushi* at the age of 8- around the same age as my peers. I did not necessarily understand the meaning behind my prayers or why my heritage and ancestral linkages were unclear to me from an early age.

Never had I been to India - nor had I met a group of young Zoroastrians who came from all around the globe. So when the Zoroastrian Return to Roots 2015 tour presented itself as an opportunity, my motivation for going was simple. I wanted to understand our history and to do so I wanted a first-hand experience - completely isolated from what (little) I knew from before.

RTR 2015 itinerary consisted of a range of Zoroastrian cultural and religious sites that were insightful and interactive in nature. Standing on the banks of the Varoli River in Sanjan created a deep connection to our forefathers and a concrete understanding of why exactly they left the holy lands. Taking the open bus tour in Mumbai instilled a sense of pride to see the influence and prestige associated with the community's efforts to build 'Bombay'. Visiting the old persons' home in Navsari on the other hand represented the glaring stagnation and decay of the aging demographic group in our community.

There are many Zoroastrians from my generation dispersed across the world who feel disconnected from their ancestral roots. The RTR program has twofold benefits. It is a unique opportunity to explore sites in India that would not be visited in other circumstances. It also creates a space for people from similar backgrounds and interests to interact and obtain a holistic view of their culture and heritage.

I went on this trip expectation free and devoid of any pre-conceived notions. What I gained was a colorful group of friends, a feeling of belonging to one of the world's most unique communities and a couple of kilograms from all the Parsi food we ate - I will never forget it.

For a further in-depth account of the RTR trip and the individual experiences of participants from Karachi, there will be a presentation aimed at the youth sometime in May by the Karachi Zarhosti Banu Mandal.

Pakistan Speaker-Representative to the 6th World Zoroastrian Youth Congress to be held in Auckland, New Zealand between 28th December, 2015 and 2nd January, 2016



Karachi Parsi Anjuman Trust Fund (KPATF) will fully sponsor the above Speaker-Representative.

To select the representative a competition was announced where initially, interested youth (between ages 15 to 35 years) were invited to send 500 word write-up on "Why I would like to represent Zoroastrian Youth in Pakistan at the 6th WYZC" along with their brief personal details. This contest was followed by speaking/presentation contest for 3-minutes on the topic "How will I project Pakistan and its Zoroastrian community at the WYZC."

Natasha Piran Karanjia was unanimously selected by the judging committee comprising representatives of KPATF and KZBM. We congratulate Natasha and look forward to her impressive representation of Zoroastrian youth of Pakistan.

We would also like to recognize the other contesting youth, who were:

1. Adil Minoo Giara
2. Behnoosh Yezdi Sethna
3. Cyrus Piran Karanjia
4. Delara Darius Solan
5. Shahan Dinyar Engineer
6. Shahyan Pervez Bharucha

Thank you to one and all: for participating and for judging the contest.

Z-CLIP

A Zoroastrian Lady Conquers Everest



Dr Fereshte Bakhtiari, a Zoroastrian lady from Kerman, Iran, has conquered Everest. She was part of Asha, a Zoroastrian Group, comprising 6 men and 2 women which scaled the Mount Everest.

She is an experienced mountain climber having climbed many mountains in Iran including the Mt. Damavand. To her credit we also add that Dr Bakhtiari has a PhD in Chemical Engineering.

For the interest of our readers we also add that Samina Khayal Baig, a Pakistani, reached the summit 'Koh-i-Brobar' in Mount Everest in 2011 becoming the first Pakistani woman and 3rd Pakistani to climb the Everest. She set the record of capturing the Seven Summits at record age of 23 years and in record time.

OUR FRIENDS

KARACHI PARSİ RAILWAY GHAMBAR FUND

Jashan Ceremony Saturday 23rd May, 2015 10:00 am Wadia Dar-e-Meher (Garikhata, Pakistan Chowk)

Ghambar Dinner For Members & Their Guests

Saturday 23rd May, 2015 Snacks 8:30 pm / Dinner 10:00 pm, sharp KPI Lawn
Charges for Ghambar Dinner: Member / Member's spouse: Rs. 900/- Guests: Rs. 1,000/-

Ghambar Dinner For Parsi Students, Teachers, Mobeds And Nasesalars

Saturday 30th May, 2015 8:00 pm, sharp KPI Lawn
This Ghambar Dinner is strictly for students, teachers, Mobeds and Nasesalars only.

YMZA / Dastur Dr Dhalla Institute
Jamshed Mehta English Competition
Sunday 31 May 2015 at 11am at Banu Mandal Hall

- The Elocution is open for all Zarthosti school going children, i.e. Under 5 years of age; Montessori & Class 1; Classes 2,3,4; Classes 5,6,7; Classes 8,9,10; and Classes 11, 12, 13 ("O" & "A" Levels).
 - The competition will be in English on any RELIGIOUS or MORAL topic.
 - Judging on delivery, voice projection, diction and choice of topic
 - Maximum 3 minutes per speaker, after which negative marking
-
- Names to: Shahrazad Irani, Behroze Khambatta, Kaizer Irani, Natasha Mavalvala or Natasha Mobed
 - Last date of names May 21, 2015

Mushkil Asaan Prayers

May 8, 2015 at 5:30pm (Pls note change of date: the prayers are not on the first Friday of the month)

Jamshed Baugh Club House

The JB Club Committee is thankful to the community members for their presence at the Mushkil Asaan prayers and invites all Zarthostis to attend.

MILESTONES

Janam

Mishay, a daughter to Roxanne and Neville Mehta on **7th April**

Lagan

Hilla Dinshaw Daruwalla and Nauzad Yazdi Tantra on **5th April in Mumbai**

Maran

Katy King, w/o Behram King (Lahore), sister of Freni Sidhwa, Shireen Panthakey and Goolcher Asli, on **2nd April**
Ex-Karachiite Dolly Homi Patel, m/o Dinshaw, Cyrus & Neville, Sister of Pillo Nauroz, Katy Patel & Sheriar Haveliwalla expired In Toronto on **5th April**

Freny Behli Irani, w/o (late) Behram Khudamurad Irani (Behli), mother of Gulbanu Bapuji Divecha, Behroze Khushroo Irani, and Armaity Pheroze Bharucha (all children in USA), on **10th April**

Homee Faramroze Mobed, h/o Avi Mobed, f/o Azdiar (Coochi) Mobed & Zanara, brother of (late) Soli Mobed & Zarin Sam Mavalvala, on **14th April**

Ex-Karachiite: Feroze Burjorji Kharas, h/o (late) Thrity, f/o Nazneen Kershaw Khumbatta, Noshir and Yezdi; b/o Minocher Kharas (KHI) and Mani Minocher Patel (KHI) expired in USA on **18th April**

POSTINGS

Contact Danesh Khambatta at support@mazdacorp.com for:

- New or used industrial/ commercial-use Diesel and Gas Generators
- Spares for Caterpillar, Perkins, FG Wilson generators

- Service and Maintenance of above generators

Contact Roheinton Shroff

For Diwa's floating-kakrs, Kastis, Dhoop sticks, Agarbattis & Sandlewood



WHAT'S MORE

FOOD FOR THOUGHT

Effective ways for dealing with difficult people



Life will always present us with awkward, difficult people; and unless you want to live in a Himalayan cave you will have to learn how to deal with these people. We should not let difficult people spoil our inner equanimity; with the right attitude we can maintain our peace of mind even when dealing with unpleasant people. These are some suggestions

for dealing with awkward people.

1. Don't Think about Them All the Time

Sometimes when people cause us difficulties they start to dominate our thoughts; this makes their presence seem very close. However, it is best to think about them as little as possible. Instead, concentrate on things and people who inspire you. Thinking about difficult people is not going to change how they behave, but it will cause us unhappiness.

2. Don't Expect to Change Them

Awkward and unpleasant people are the least likely to be willing to change themselves. Don't take it upon yourself to try and change their behaviour; you will almost certainly fail. Furthermore, they will probably resent your interference and this will create further difficulties. Instead we can maintain a cheerful detachment. If we don't have any expectations, it becomes much easier to deal with.

3. Don't feel guilt

If people create problems in our life we can start to feel guilty, even though we have done nothing wrong. In cases like this we have to be detached; it is not our fault problems are created. As long as we seek to maintain a good attitude, that is all that matters. If you want to transform your life radically, then immediately give up your false sense of teeming guilt.

4. Silence is a powerful weapon

When people say unreasonable things, the natural instinct is to try and argue with them. However, this draws us into their weird perspective. In many circumstances, it may be appropriate to maintain silence and not respond to what they say and do. By being silent, we are effectively ignoring them without having to criticise their actions. In silence there is great power; when we ignore them, they lose influence. Silence also gives us time to think a more measured and detached response, for later.

5. Retain your Humour

Don't feel obliged to take every situation seriously. Try to see the funny side. If people behave in a ridiculous way, don't despair – just see the absurd behaviour as a humorous situation.

6. Don't seek to Avoid them

If you have to work with a difficult people, the solution is rarely to move job. The likelihood is that you will find difficult people wherever you work. If you try to avoid difficult people, you will be permanently on the move. The thing to do is to change your attitude; rather than feeling depressed and guilty, we can see it is an opportunity for our self improvement. Through learning to deal with difficulty people, we will learn many valuable life skills.

7. Offer Goodwill

If we can offer goodwill even to difficult people, we will make tremendous progress. Unpleasant people may deserve criticism, but, this will not help the situation. Even the most difficult person may have one or two good qualities. Try to mention these; subconsciously they will appreciate our goodwill. This remains the most effective way to bring out the best in others – even if it may seem to take a very long time.

8. Don't Try to Impress or Gain Favour

Sometimes, whatever we do, people will look at the negative side and criticise us. This can cause us to seek even harder to seek their approval. But, this can cause us to ignore our basic values, and sometimes even if we change, we still don't gain their approval anyway. There is much more dignity in being true to ourselves, and being happy with our choices. If some difficult people don't appreciate our actions, no harm. We can never expect to receive everyone's approval.

(Courtesy: Zarin Patel)

OUR FAITH

Rajneesh Understood Zarathustra Better than Most of Us

Posted by Farzana Cooper on
Facebook Page: Universal Zoroastrianism



"Zarathustra, amongst all the religious founders, whose religion is a religion of celebration, of gratefulness to existence. He is not against the pleasures of life, and he is not in favor of renouncing the world. - Zarathustra: A God

That Can Dance, Chapter #1

"Zarathustra would like your life to be a garden where birds sing, where flowers blossom, where trees dance, where the sun comes with joy. Zarathustra is absolutely for life. A unique teacher and a unique mystic whose whole message is love and life, has the smallest religion in the world." - Zarathustra: A God That Can Dance, Chapter #2

"Zarathustra is the most potential man the world has ever known. It has known great men, and many of them, but they were in a certain way still understandable. They used your language, they used your prejudices. Rather than giving you a new light they have supported you as you are. You call them great because they have supported you, they have made you comfortable with yourself. Zarathustra creates discomfort, discontent, because without a great discontent the superman is not possible. Your other great men have been teaching you to be contented, to desire less.

Zarathustra teaches you a divine discontent, and a longing for the stars. And I agree with him absolutely, that unless you have a longing for the stars, you cannot grow, and you cannot become your true self; you cannot achieve your potential to its fullness. Hence, listen to his words, not just as words, but as seeds." - Zarathustra: A God That Can Dance, Chapter #13

"Zarathustra is not a priest; he is a scientist of the soul. His religion does not consist in worshiping, his religion consists in transformation – the symbol of his religion is fire. The symbol of fire is significant; it is the only thing that defies gravitation. It does not go low-wards; it always goes upwards." - Zarathustra: A God That Can Dance, Chapter #18

For the inspired, the complete commentary is on:

http://www.oshorajneesh.com/download/osho-books/western_mystics/Zarathustra_A_God_That_Can_Dance.pdf

or simply google "Zarathustra A God That Can Dance"

AND...

Morris, an 82 year-old man, went to the doctor to get a physical. A few days later, the doctor saw Morris walking down the street with a gorgeous young woman on his arm.

A couple of days later, the doctor spoke to Morris and said, 'You're really doing great, aren't you?'

Morris replied, 'Just doing what you said, Doc: 'Get a hot mamma and be cheerful.'

The doctor said, 'I didn't say that. I said, 'You've got a heart murmur; be careful.'

Editor: Sunnu F Golwalla

Change of email: inform on kzbm1912@gmail.com to ensure continuity of receipt of newsletter.

Input from Community Members only: on kzbm1912@gmail.com latest by last Thursday of the month. If received later it will be placed in the following issue.

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