

**January 2017**



**Wishing you dear readers  
A bright and Happy New Year!**

## **KZBM PROGRAMME**

### **Cards, Bridge & Mahjong Evening with Kharya on Saturday, 21<sup>st</sup> January 2017**

Come for an enjoyable winter evening of fun games of Cards or Mahjong in the company of good friends, with warm cup of tea and snacks. We will conclude with tambola to try your luck, which will be followed by delicious Kharya (paya) dinner.

Kindly inform the ticket seller if you would like to eat Kharya (paya) or Chicken for dinner, and do not change your decision as dinner will be ordered accordingly. Also, bring your own gaming table.

Venue: KZBM Hall

Time: Games at 3 pm

Tambola: at 8 pm &

Dinner: at 9 pm

Ticket per person: Rs 650

Last Date: Tuesday, January 17, 2017 till 1p.m.

Upcoming event is **Scavathon on 25<sup>th</sup> Feb 2017**

## **Z-Clips**

**1 of 4**

**Naheed Peshotan Malbari**

**A new PhD among us!**



*From left Dr Naheed P Malbari, Dr Mukhati, Vice President-Academics, Mr Nisar Khuro the Chief Guest and, Dr Azra Pechuho, the Chancellor of SZABIST who presented the Doctorate*

This year at the SZABIST (Shaheed Zulfikar Ali Bhutto Institute of Science and Technology) Convocation Naheed P Malbari was awarded a Doctorate in Social Sciences and Economics making her the first Zoroastrian PhD in Karachi in decades.

As a valedictorian with a 3.97 GPA, she received a hearty applause during her speech from the young grads to whom it was largely addressed. It is an inspiring talk for the youth and for the motivated others, who may like to listen to it at the link below. The entire Convocation was streamed live. Naheed's address is of 10 minutes and 30 seconds. It starts at 1:57:20 (at 1 hour, 57 minutes and 20 seconds). You can drag your cursor to that time-mark and listen till 2:07:50 when it ends.

<https://www.youtube.com/watch?v=t8o9TBUshPk>

From a young age, Naheed developed an understanding of ancient Persian history and the Greek classics because her mother used to read these to her and her brother. The subject has continued to absorb her as an adult, making it the main focus of her research. Her dissertation titled, 'Firdawsi's Sikandar: A Hermeneutic Phenomenological Study' was the culmination of that desire to investigate into both the Greek and Persian parameters. Naheed also has a Master's in Education, with a medal in the discipline – once again making her the first Zoroastrian in Karachi to do so in 1995.

She has co-authored "The Wizardry of Leadership" with Dr Javaid Laghari, her mentor and Professor. The book reveals the secrets of leadership mainly through characteristics displayed in Harry Potter stories, to make it appealing to the youth. Both the authors look to the youth for a better future of our country. It is an engaging book with quotes and anecdotes as well as stories of great leaders from around the world, to urge you on, whatever your age, if you are seeking to lead.

Dr Naheed Malbari's drive and energy knows no bounds: currently she is absorbed in doing research, writing a novel and a book on leadership. KZBM wishes her thumping success in all her ventures. **SFG**

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**Pakistan Post Honours  
Late Dinshaw B Avari**



The daily DAWN informed us that the Pakistan Post has issued a commemorative postage stamp of Rs 8 denomination on 'Death anniversary of Dinshaw Byramji Avari (philanthropist)'. Adding that it has been designed by Adil Salahuddin, printed at the Pakistan Security Printing Corporation and is available at all post offices in the country.

It feels good to be thus recognised, considering that the Zoroastrians in Pakistan are a drop in the ocean: 1400 of them in national population of 200 million. Kudos to the Avari family!

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## Almitra Zubin Mavalvala's Documentary Music Video



When Almitra danced, and sang as Frenchy in Nida Butt's Broadway production "Grease" in 2014, most of us learnt of her talent. Her description of the experience is: "Grease was an amazing journey, and an overwhelming, exhausting, crazy and fun experience and I'm glad I was a part of it." (*You may read the whole account at*

<http://www.banumandal.com/whats on / March 2014>).

Recently she has composed a song around her journey through New York, and together with her friends and colleagues made a documentary music video singing the song and strumming the guitar. You may watch it at:

<https://www.youtube.com/watch?v=VyMtRxPMwOs>

Almitra is proceeding to the Australian Institute of Music to study Musical Theatre to take up the calling of her heart. We wish her a resounding success. **SFG**

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## Mama School Alumni

"In 2018 the School will celebrate its centenary, and in its preparation the Old Girls' Association has been revived to get vibrant support in the festivities." informed the Principal Fureengeez Tampal at the Alumni Meet on Saturday 3<sup>rd</sup> December.

The new alumni committee kicked off with a meet-and-greet evening at the Karachi Parsi Institute lawn, a bit later than at the announced time due to Karachi's infamous chaotic traffic delaying the arrival of people. For

those who attended it was a lovely evening commencing with warm hugs and pictures taken just as one walked in.

Hufrish Shroff, the new president of the alumni introduced her committee: of course, not in the order appearing below but by seniority.



*From left: Spenta Khambatta (Member); Pouruchisty Sidhwa (Member); Parinaz Patel (Secretary); Farahnaz Marker (Treasurer); **Hufrish Shroff (President)**; Pareezad Talati (Vice President); Natasha Mavalvala (Joint Secretary); Khorshed Bharucha (Member); Soonita Wadia (Member) and Zoya Adil (Member)*

Pouruchisty Sidhwa extolled the qualities of integrity and discipline instilled in Mamaians which served them well in whatever role they took as adults and, in fact became their identification in the workplace. On a lighter note, she added that the discipline left in her an awe of the principal even when herself a mother. With that she invited the ex-Principal Zarine Mavalvala who passed on the baton to the principal in her time for the obedience instilled.

“Let us march on to knowledge, the girls of The Mama School...” was sung with much fervour and most of us learnt with interest that our school song was composed by Emily Saldana and the music was composed by Miss Hamilton the music teacher of the time.

The evening continued with the alumni grouping as they wished for laughter, chatter, and group pictures, missing no opportunity to include their favourite teacher in the photo shoot.

This was a happy beginning and if you are a Mamaian in Karachi and missed the event, you may watch out for the next one! **SFG**

**Meanwhile do see the link below, the pictures will help you reminisce your days at the School:**

<https://thekarachiwalla.com/2016/12/19/city-landmarks-mama-parsi-school/>

## OUR FRIENDS

KPI's Senior Citizens Evening

29<sup>th</sup> January 2017

Tambola evening: other details to follow.

The YMZA/Dastur Dr Dhalla Institute

Dr Pithawala English Prose and Poetry Elocution Competition

on: Sunday, 29<sup>th</sup> January 2017  
at: 11 am  
at: KZBM Hall

This Elocution is open for all Zarthosti children on any topic of interest in the following age categories -

- Montessori & Grade 1
- Grades 2, 3 & 4
- Grades 5, 6 & 7
- Grades 8, 9 & 10
- Grades 11, 12, 13 ("O" & "A" Levels)

(Depending on age groups these may be either further sub-divided or combined together)

### Conditions:

- Delivery (style of talking / attention of audience /speech content interesting / conversational tone)
- Voice Projection (clarity / loudness)
- Diction (pronunciation/ choice & use of words)
- Topic (arouse interest/attention in audience)
- (No hand gestures will be allowed)
- UPTO 3 minutes per speaker (to be strictly enforced for ALL age categories)

Please give names to: Shahrazad Irani, Behroze Khambatta, Perin Mama, Natasha Mobed, Natasha Mavalvala

Last date of names: January 21, 2017

## FEZANA Logo Design Competition

Arzan Sam Wadia (currently in Karachi) of FEZANA committee has written to us, inviting our participation in FEZANA's Logo Design competition. The competition is designed such that it will allow both, young kids and design professionals to participate.

He has written that, as much as it is a FEZANA logo, they want participation from the world over and are looking forward to a thumping response globally.

KPI and Fram Framji obliged us earlier by circulating complete details on their email systems. If you missed them and are interested, the details of the competition are also on FEZANA's website at <https://fezana.org/logodesign/>

## MILESTONES

### Lagan

**Delshad Jamshed Karanjia and Cyrus Arsheesh Irani on 24<sup>th</sup> December**

### Maran

**Mehroo Irani**, d/o (late) Homai and (late) Rustom Irani, m/o Farida Syed Badshah, sister of (Late) Boman and Faredoon Irani and (Late) Roshan Arjani on **2<sup>nd</sup> December**

**Ex-Karachiite: Jamshed (Jumbo) Gustadji Kharas**, h/o (late) Khorshed, f/o Purveen and Homi, brother in-law of (late) Eddie M. Dinshaw and Russie N. Dinshaw, **2<sup>nd</sup> December in Rome, Italy**

**Hoshang Kaikhushroo Chinoy**, h/o Freny Chinoy, f/o Rayomand/Vinita (U.S.A.), Kaizad (Killi) (Thailand), and Kaivan/Dinaz (Canada), brother of Khurshed Chinoy (London) and Nerges Jal Kapadia (Sydney, Australia) on **6<sup>th</sup> December**

**Ex-Karachiite: Gulzarine Rustom Vania**, daughter of (late) Peroja and (late) Rashid Irani, wife of Rustom Minocher Vania, mother of Fahad Vania on **11<sup>th</sup> December in Orlando, Florida, USA**

**Ex-Karachiite: Dina Godrej Sidhwa**, w/o (late) Godrej Dinshawji Sidhwa, m/o Farhad Sidhwa and Pouruchisty K Dadachanji **21<sup>st</sup> December in USA**

**Pervez Sawaksa Mistri**, f/o Kaikhusru Mistri, Villy Divecha and Gulzreen Irani; grand-father of Sanaea Adam, Faranaz Wadia, Tushnamaiti Mistri, Shaun Divecha, Narius Divecha, Neville Divecha, Daniel Divecha, Natalia Irani and Shane Irani on **23<sup>rd</sup> December**

## POSTINGS

**Vasanu is available**

**Contact Dilshad Irani: 35660171 : 35662959**

### **A Large House in Cyrus Minwalla Colony for Sale**

Ground floor: 2 large bedrooms, 2.5 bathrooms, galley kitchen, with a patio and a garden

First floor: 2 large bedrooms, 2 bathrooms, a kitchen and lot of storage space

The house will be ideal for an extended family.

Interested person/s may contact Jamshid Minwalla at [jamshid.minwalla@gmail.com](mailto:jamshid.minwalla@gmail.com) or call on mobile: 0333 355 9064 for details and to schedule a viewing.



## WHAT'S MORE

### GOOD LIFE

#### Reviving Popalji-making



Our traditional popalji-making was revived early this month when Bukhtawar Marfatia generously passed on the recipe and pans to make them.

In the September 2016 What's On, she had posted that persons interested in the art could contact her. Zerophie Noshirwani, Roshni Shroff, Roshan Vannia and Armita Wania showed interest and were given an excellent demonstration by Bukhtawar at her residence and gifted pans for making 'popalji'.

Thereafter they sat down for tea and conversation, returning home grateful and enthusiastic. Who knows, in the next Navroze mela there might be 'popaljis' on sale! **SFG**

#### YMZA Serving the Community







*Top: Entertaining the patients at the Parsi General Hospital  
2<sup>nd</sup> row from left: English Elocution Competition and Rashna Gazder at Minwalla Music Competition  
3<sup>rd</sup> row: YMZA Centenary Competition and Dr Dhalla Library  
4<sup>th</sup> row: the commemorative coin*

In 1909 Pherozezshah R Mehta, the editor of the Parsi newspaper the Parsi Sansar, gave a call to the community youth to come forward and form an association on lines of YMCA. The young men of the BVS Parsi High School were encouraged to come together to form the organisation and thus the YMZA was founded in 2010 with Sir Jehangir Kothari as President, Sheriarji Contractor and Jamshed Nussewanji as Secretaries, Dinshaw Kabraji as Treasurer, and Dr Dhalla as Advisor.

In its hey days, the YMZA had its own cricket team and even offered ambulance and first aid services under Dr Kaikhusrow Contractor. The YMZA was often the preferred forum for lectures by the learned Dastur Dhalla. In addition, the society hosted literary activities including readings from Shakespeare and the Shahnameh as well as religious activities including communal prayers on Hamkaras. **The association's commitment to literary and cultural pursuits was such that in 1923 the great poet and writer Rabindranath Tagore accepted an invitation by the society to an event held in his honour.** In addition, classical Indian dancer, Uday Shankar and singer, Omkarnath performed for the patrons of the society. By 1923, the YMZA had its own hall, the Hormusji Katrak Hall and a library, the Sohrab Katrak library.

The organisation which was formed in British India has weathered turbulent times from the partition of the subcontinent to wars and civil strife and a changing demographic landscape, which has seen younger members of the community move away from Pakistan making all YMZA activities come to a halt. Even though the YMZA has been dormant for stretches of time some young stalwart or the other has always come along to shepherd it through difficult times and into a new era of community service.

**In 1990, Byram Avari took the initiative and invited a group of our community's youth to take the reins of YMZA and started the ball rolling. The rechristened Young Mazdayasni Zoroastrian Association (to be more inclusive and allow females into its rank and file and onto the Council of Management) has rekindled the flame alighted by our forefathers.** In these last three decades, YMZA has managed to successfully reactivate all the dormant events of YMZA and introduced some new activities too. The response of our community towards all these events has been overwhelming. YMZA has also arranged religious lectures wherein eminent speakers from India have come and shared their knowledge with the community.

**A conscious effort towards our elders is being made** by way of holding regular activities for the BMH Parsi Hospital and infirmary patients. The YMZA takes pride in including another very fulfilling activity to cheer the lonely at the Parsi General Hospital. Three to four times a year, we arrange a musical evening and an outing for the inmates of the hospital, a number of whom are permanent residents of the hospital and seldom get an opportunity to go out or seek entertainment. Besides that, we also arranged a Jashan for them at the hospital so that all of them could participate. Earlier, we had taken them to the Agiary, but were restricted to a few as most of them are unable to walk long distances without help. Prior to that, we had taken them to Seaview Park and they thoroughly enjoyed the outing.

**YMZA's signature competitions are:**

- Katayun & Navroze Maneckji's Dr Pithawala English Poetry & Prose Competition
- Athornan Mandal's Macca & Darab Sachinwala Gujrati Elocution Competition
- Minwalla Music Competition
- Jamshed Mehta English Elocution Competition
- Hilla & Noshir Jamasji Drawing & Painting Competition
- The Shahookar Dance Competition (Started recently in August 2013 has shown that the community lacks no talent with the number of entries received. Judges from professional dance schools have been judging these contests and winners are awarded prizes.)

**AIMS AND OBJECTIVES**

- a) The diffusion of secular, ethical and religious knowledge and the cultivation of elocutionary and argumentative powers by means of lectures, debates, and readings on literary and scientific subjects, open either to the members of the Association only or to the general public as the Association may from time to time determine.
- b) The promotion of the interests of the Parsi community.
- c) The promotion of goodwill and friendliness by means of social gatherings, entertainments, and such other functions.
- d) The promotion of all sports and games indoors and outdoors – for the physical well-being of the Parsi community.

**The YMZA library**, initially established at the Katrak Hall, has been moved to the Dinshaw B Avari Colony and amalgamated with the Dastur Dr Dhalla library.

YMZA celebrated its centenary in 2010 commencing with a thanks-giving jashan on 21<sup>st</sup> March, made a commemorative coin on the occasion, and invited a *natak* troupe to perform for the community. The Council hopes to serve with continued commitment and enthusiasm.

*Council of Management*  
*Young Mazdayasnian Zoroastrian Association*

**Aga Khan University Hospital alert:**

# Chikungunya Fever Alert

## Avoid Mosquito Bites



Chikungunya is a viral disease transmitted to humans by infected mosquitoes that bite aggressively during the day.

It does not cause death, but the symptoms can be severe and disabling.

### Who Is At Risk?

- Adults ( ≥ 65 years)
- Newborns infected around time of birth
- People with chronic medical conditions like diabetes, heart disease, blood pressure etc.

### What Are The Signs And Symptoms?

- Fever and joint pain
- Headache, muscle pain, joint swelling or rash

**In case of any of the above signs and symptoms, consult your physician immediately**

AND...

Answer to last month's puzzle

A puzzle grid on a light blue background. It consists of four rows of icons and equations, separated by dashed horizontal lines. Row 1: Three red apples followed by "= 30". Row 2: One red apple, two bunches of three bananas each, followed by "= 18". Row 3: One bunch of three bananas, one whole coconut, and one half coconut, followed by "= 2". Row 4: One half coconut, one red apple, and one bunch of three bananas, followed by "= ?".

- 1 Apple = 10
- 4 Bananas = 4
- Whole coconut = 2
- 1 + 10 + 3 = 14

Following responded (listed in the order received), and most of them had the right answer: good observation, folks!

Nina Haveliwalla, Zain Sethna, Ardeshir Kavasji (Canada), Gulnar Soparivala, Freny Divecha, Freny Fatakia, Mahnaz Irani, Zarin Lawyer, Faranaz Wadia, Tushnamaiti Mistri



Editor: Sunnu F Golwalla

Despatch: Last Saturday of the month.

Previous Issues: [www.banumandal.com/what's on](http://www.banumandal.com/what's on)

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For noting in your diary:

Day/Date	Time	Venue	Event and its details
Sat 21 Jan	3 pm	KZBM	Car, Bridge and Mahjong + Khariya dinner. Tkt Rs 650
Sun 29 Jan	11 am	KZBM Hall	YMZA / Dastur Dhalla Institute's Dr Pithawalla Poetry and Prose Competition
Sun 29 Jan	To be announced	KPI	Senior Citizens Evening with tambola