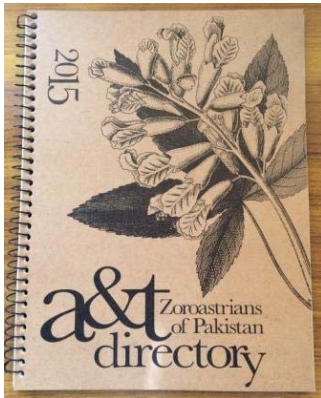


DECEMBER 2015

KZBM's A&T Directory 2015



Price: Rs 400/-

Sellers:

Behroze Khambatta - Parsi Colony
Perveen Banaji - Anjuman Bagh
Zarine Shroff - Jamshed Bagh
Jesmin Chowna - Katrak Hall Compound
Soonu Kandawalla - Mehrabad
Phiruz Birdie - Cyrus & Avari Colony
Toxy Cowasjee - Bath Island

Overseas persons wishing for a copy will have to request relatives or friends to purchase on their behalf, as we do not undertake postage.

NB: If for any reason your copy of the directory is faulty, please return to the person concerned, **in the same condition received without writing inside. Then only** it will be exchanged for another copy.

They will be available at KZBM's programme of Tambola followed by dinner at KPI on Saturday 28th November.

OLD DIRECTORIES SHOULD NOT BE SOLD TO VENDORS, OR THROWN IN THE BIN, as the community's personal details are in it. Please safeguard yourself and others by destroying them:

- * by tearing pages into strips or
- * by burning or
- * by soaking in water to make into pulp and then dispose

Thank you.
Toxy Cowasjee

KZBM PROGRAMME

The Programme Committee is on its well-earned break in December and will return to entertain you from January 2016.

Meanwhile here are pictures from the October programme 'Where Holly meets Bolly', brain child of talented Pouruchisty Sidhwa who conducted it with a 'tarka of masti'. The evening was enjoyed by the participants and the audience, from rather young to seniors. Pictures below cover some of them.

Ten teams participated each having four persons. The winning team comprised of Sharukh Behrana, Neena Haveliwala, Arshan Zubin Irani, and Azman Makujina.



Some of the participants



A section of the audience



Pouruchisty



Freya Wania belting out "Power of Love"



MOK singing "Never on a Sunday"



The winning team

KZBM's New Managing Committee

Annual General Meeting of Banu Mandal was held on 25 November 2015, when the following Managing Committee was formed:

President: Kermin S Parakh	Vice President: Dr Perinbanoo N Virji
Honorary Secretary: Farahnaz A Marker	Honorary Secretary: Alla B Rustomji
Honorary Treasurer: Roshan B Mehri	Chairperson-Welfare: Spenta F Khambatta
Chairperson-Rehabilitation: Nilofer S Noshirwani	Chairperson-Medical: Dr Bakhtaver H Rabadi
Chairperson-Education: Meher F Cawasji	Chairperson-Child Chapter: Mitra A Irani
Chairperson-Programme: Dilshad A Irani	Member: Zarin A Mobed
Member: Shahnaz Y Sethna	Member: Zenia Z Anklesaria

KZBM's Arman Home



Thanksgiving Jashan for the Arman Home



Kaikobad Kakalia opens the Home

With an ageing community and children seeking better life overseas, need for company and assistance with daily living is a need that has been felt by the Zoroastrians of Karachi.

Arnawaz Maneck Kakalia felt this very keenly in her lifetime, leading to her children Kaikobad and Nargis seeking to convert their late parents' bungalow in Avari Colony into a facility for our elders. Taking the alphabets from Arnawaz and Maneck names the children coined the name "Arman" to perpetuate their dear parents' memory.

This brings a flashback to twenty years, when the then President of KZBM Toxy Cowasjee had realized this need and done survey of persons interested in a Senior Citizens Home, obtained detailed plans and even commenced fund raising. However, some things are ordained to happen at a later date but the seed was sown by Toxy.

The required permission to convert the Kakalia bungalow into Arman Home was granted by Byram Avari, Chairman of the Karachi Parsi Anjuman. Thereafter, the KZBM Managing Committee engaged a professional architect to convert the residential bungalow into living facility for the elders of our community, and put in unaccountable hours, thought and care to make it into a reality.

Generous support of Kothari Trust and Feroze & Shernaz Bhandara Charitable Trust helped KZBM provide the level of facility they desired, having put in sizable contribution of their own.

Arman Home in physical shape is a reality, but it can be meaningful only with the involvement and support of our community. Please feel free to come and see the facilities. Here are some pictures for you to see the welcome and warmth of the living room, the comfort of the bedroom, the thoughtful fittings in the bathroom and, the common dining area for companionship and family-feeling. There is also a lift for living quarters on the upper floor.



Sitting room



Dining room



Bedroom



with attached bathroom

Arman is in a colony where largest number of our community resides. KZBM seeks their thought and involvement, as much as of every member of the community, to make the residents happy and cared for. Feel free to take a resident along with you when you take your evening walk. Send your children to KZBM's Sunday Open House to delight the elders, walk-in with a movie to show the residents, or perhaps play a card game or other.

For those of you who would like to use the facilities of Arman, KZBM welcomes you to come, see and decide. Their requirements are that an applicant for Arman House be:

- 65+ years of age, male or female.
- Preferably having a guardian in Karachi who can take over in time of medical emergency. Of course KZBM will assist.
- A composite monthly charge will be made for all living facilities, including meals.
- Interested persons may contact any member of the Managing Committee of KZBM for further details.

Karachi Zarhostis have been blessed with forefathers who built 'baghs' where generations have lived in secure gated-localities and three generation of neighbours have grown up together in some cases. This has kept our community close-knit and strong. Today sizeable number of elders is living alone and Arman Home is a small first step to provide them company and care. Together we can continue to be strong and close-knit. **SFG**

Photo Credits: Courtesy Hamazor Issue 4/2015 : shot by Minocher Vakharia

OUR FRIENDS



The Zoroastrian Return to Roots is pleased to announce the opening of applications for **Return to Roots 3 Trip scheduled to take place from 11th to 23rd March 2016**. This will be the third tour after the first two very successful tours in 2013-14 and in 2015.

The aim of Zoroastrian Return to Roots is to bring together young Zoroastrians from across the world between the ages of 20-40; to return to their roots, reconnect with their culture, and revive the community. Participants ('Fellows') will explore various significant Zoroastrian historical, religious, cultural, and archaeological sites in India over a trip of 12 days.

The itinerary will take participants to Mumbai, Gujarat and New Delhi. The tour in 2016 is unique from the previous two since it will overlap with a **series of exhibitions and events being organized by PARZOR and the Government of India in New Delhi** from the 19th to 23rd of March.

One of the key aims of this program is to foster a sense of community amongst Fellows and for individuals to contribute to the institutions they visit as well as the program even after they have participated. Another aim of the trip is for participants to understand and realize the influence Parsis have had on modern-day India. Fellows also understand and experience first-hand the meaning behind our long-standing religious customs and traditions.



Fellows from previous trips returned from India with a deep understanding and appreciation for our small but powerful community. They are becoming more involved with their local Zoroastrian associations, giving back to the community, and encouraging other youth to participate in Return to Roots.

RTR Trip 2 group at Dhanu Beach

Applications close on February 15, 2016.

We encourage applicants to apply using the following link <http://zoroots.org/> before the deadline and approach one's local community members and associations for funding and sponsorship. Applications are accepted on a rolling-basis. - **Anushae Parakh**

The Everlasting Flame Programme In New Delhi, India from 19 March to 29 May 2016



The Ministry of Minority Affairs, in collaboration with Parzor Foundation and the Culture Ministry of India has organized The International Everlasting Flame Programme.

KZBM would like men and women of our community here to avail of this opportunity and go (from 19th to 23rd March 2016, after which the exhibition just carries on) as a group to better understand and value our history and heritage.

Come on folks get your passports in order and drop an email to kzbm1912@gmail.com giving names of persons interested in the programme by 31st December 2015.

Parsi Clinic by KPAFT

With immediate effect, the Karachi Parsi Anjuman Trust Fund (KPATF) is delighted to announce that the free Parsi Clinic, which is situated on the ground floor at Anjuman Bagh, will be operating 7 days a week as per the following timings and that this facility will now be available to all the Parsi residents of the following colonies in addition to Anjuman Bagh and Rustom Chawl, who were availing this facility:

1. All Parsi employees of KPATF, including Mobeds and Nassesalars, who will have to go to this clinic if they want free medical facilities for themselves and their family.
2. Gari Khata.
3. Katrak Hall
4. Cowasjee Foundation
5. Khorshedbai Chawl
6. Collector Bagh
7. Jamshed Bagh
8. Parsi Colony
9. Mehrabad

The Clinic will be operating on:-

- Mondays: Dr Beroze and Dr Panjwani, 6 PM to 8 PM
- Tuesdays: Dr Jasmime Ferozepurwalla, 6PM TO 8 PM
- Wednesdays: Dr Bakhtavar Rabadi, from 3PM to 5PM
- Thursdays: Dr Panjwani, from 11AM to 1PM
- Fridays: Dr Panjwani, from 11AM to 1PM
- Saturdays: Dr Panjwani, from 11AM to 1PM
- Sundays: Dr Natasha Billia, from 10AM to 12 noon

Please note down the timings, as they differ day to day.

The attending doctor will provide prescriptions for:

- All Medicines which can only be obtained from Kauser Medico.
- All laboratory tests to be carried out only at The Laboratory.
- Radiology tests to be carried out only at Advanced Radiology Clinic (ARC).
- Children Orthodontics to be carried out only by Dr Mrs Tasneem Hosein.
- All Ophthalmic treatment at Hashmani at Jacob Lines or at LRBT at Korangi.
- Emergency only at the Karachi Adventist Hospital but no admission allowed in this hospital.
- All emergencies, admission, operations at Main Aga Khan and Ziauddin Clifton but in semi-private room.

The entire cost of the above will be borne by KPATF until further notice.

Result of The YMZA/Dastur Dr Dhalla Institute's Minwalla Music Competition

There were 22 participants playing and/or singing.

THE SHIELD: Byram Dinshaw Avari.

INSTRUMENTS ONLY CATEGORY:

(Age: 8 & 9 yrs) Tie for 1st Position: Shereen Ardeshir Marker and Zara Kaizad Mavalvala

Age: 10 & 11 yrs) Tie for 1st Position: Afshad Yezdi Sidhwa and Kaikobad Ardeshir Marker; 2nd: Dina Ronnie Patel; 3rd: Nairmeen Danny Sidhwa
(Age: 12 & 13 yrs) 1st: Azman Ratanshaw Makujina; 2nd: Selena Ardeshir Wania; 3rd: Arshan Zubin Irani
(Age: 14 & 15) Tie for 1st Position: Astad Yezdi Sidhwa and Nasha Ratanshaw Makujina; 2nd: Raizan Mavalvala; Tie for 3rd Position: Meherwan Ronnie Patel and Fareezeh Danny Sidhwa
(16-17 yrs) 1st Position and Shield: Byram Dinshaw Avari; 2nd: Sharmene Freddy Sidhwa

SINGING CATEGORY:

1st: Kayser Garshasbi; 2nd: Freya Eruch Malbari

SINGING and/or PLAYING CATEGORY:

1st: Dina Ronnie Patel & Meherwan Ronnie Patel

**Mushkil Asaan Prayers
December 4, 2015 at 5:00pm (due winter)
Jamshed Baugh Club House**

The JB Club Committee is thankful to the community members for their presence at the Mushkil Aasaan prayers and invites all Zarthostis to attend.

MILESTONES

Lagan

Shaareen Jamshed Vatcha and Mahveer Rustom Baria on 21st November

POSTINGS

Soova Pak available with Perin Setna at Jamshed Bagh. Tel: 32243608 Mobile: 0307-2456405

Craft by Maz

: Doiley envelopes by Mah-Zarin

For sale at Rs 500/- per packet of five envelopes. You may contact Yazdi Haveliwala on yazdyar.haveliwala@aku.edu or Mobile: 0300 2316 6735, or Mah-Zarin Taraporewala on craftbymaz@gmail.com



WHAT'S MORE

GOOD LIFE

Chicken a la Carte by Ferdinand Dimadura



Of the 3,600 films submitted to the 56th Berlin International Film Festival, this video won the Green Unplugged Film Fest People's Choice Award.

The film is about the hunger and poverty brought about by Globalization. There are 20,000 people dying every day due to hunger and malnutrition. This short film shows a forgotten portion of the society: **The people who live on half-eaten wasted food of others, to survive.** What is inspiring is the hope and spirituality that does not leave these people.

There are two links. Copy-paste in your Browser to see which works better:

<https://www.youtube.com/watch?v=sn5PdFbmT9A>

or

<http://www.cultureunplugged.com/play/1081/Chicken-a-la-Carte>

Let this message reach us, and we take in our plates only that which we can finish, taking more in second helping. Let us guide our children to do the same.

OUR FAITH

Ours is a Religion of Action



Zarathushtra has said that it is better to live life through deeds following the laws given by Ahura Mazda. This is resonated through the history of our Faith. Cyrus the Great marched through the gates of Babylon to liberate the exiled Jews and asked them to rebuild their temples. Jews received the same consideration in the reign of Darius the King: Throughout history, Zoroastrian kings have been kind to the captives, generous to the fugitives and of scrupulous morals.

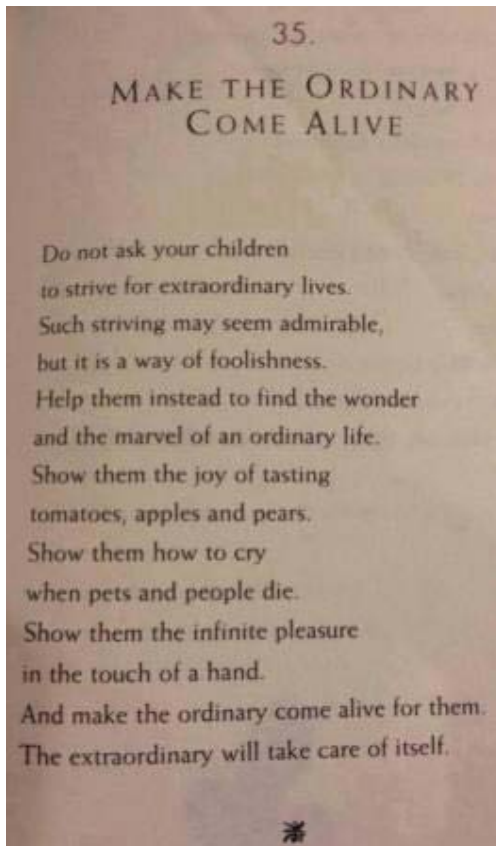
As the Achaemenid Empire spread, many beliefs and modes of expression went through changes, but the **Zoroastrian pledge to take the path of Asha through thinking with a serene mind (Vohu Manah), free of earthly conflict and making the right choice of action remained steadfast.**

The first step an average person can take is to revitalise his mind – vohu manah - which is constantly surrounded by good and evil instincts: **The human mind needs frequent rejuvenation to the benevolent mode of thinking. It**

requires consistent effort but this elevates mankind beyond his physical self and leads him to love, compassion, and care for the creation in general and for the less fortunate humanity: all of which is the integral part of a Zoroastrian's commitment to life. **SFG**

(Source: "Religion of Asho Zarathusht and Influence through the Ages" by Dr Jehan Bagli)

AND...



Editor: Sunnu F Golwalla

Despatch: Last Saturday of the month.

Previous Issues: www.banumandal.com/what's on

Change of email: inform on kzbm1912@gmail.com to ensure continuity of receipt of newsletter.

Input from Community Members only: on kzbm1912@gmail.com latest by last Thursday of the month. If received later it will be placed in the following issue.

To unsubscribe: Write UNSUBSCRIBE in subject line and email to kzbm1912@gmail.com