

August 2017

KZBM PROGRAMME

**Bahmanyu with a viewing of André Rieu & The Johann Strauss Orchestra
Saturday 5 August at KZBM**



André Rieu is a world famous Dutch violinist and conductor best known for creating the waltz-playing Johann Strauss Orchestra. Famously dubbed the “King of Waltz”, André Rieu, first picked up the violin when just five years old, went on to form his own orchestra and has sold more than 35 million records to-date.

Come join us for an evening of wonderful music of André Rieu and his famous Johann Strauss Orchestra, followed by a delicious Bahmanyu dinner.

Date: Saturday, 5 August 2017

Venue: KZBM Hall

Time: 7:30 pm

Ticket per person: Rs 650

Last Date: Tuesday, 1 August 2017 till 1 pm

No tickets will be issued at the event venue. Tickets not paid for and collected by the due date will mean cancellation of your name from the list.

Tickets available from:

Vinkey Mistry - 35886341

Zareen Patel - 0321 2628167

Parveen Banaji – 32710015

Furengeez Tampal – 0300 2300320

Roshan Vannia - 32250127

“EK M” Ek Minute programme on 16 September 2017

Z-CLIPS

EULOGIES (3)

1 of 3

Perin Julian Dinshaw



On 18 July, 2017 the world bid farewell to Perin Julian Dinshaw, as she returned to the realm of the Angels. "Perin Banu" or "Perin Aunty", as she was affectionately called by many of us, passed away peacefully, with clarity and awareness of the end of her life's journey, surrounded by her beloved family members. The Parsi community not only lost a member but a jewel of the community.

The last great of a great generation, she always put others before herself. Humble, kind, soft spoken, a giver and a doer, she was beloved by all and embodied pure goodness, a benefactor to the downtrodden, an inspiration to the present and to the future.

Although she was gifted a life of opportunity and affluence, her legacy lives on not in her material achievements, but in the hearts of those whose lives she touched with her endless charity, generosity and unconditional support.

Perin Aunty was the essence of kindness and compassion, never taking a day for granted and ensuring she made a difference each moment of her limited time on earth. For over 70 years, she touched the lives of thousands of needy, with her selfless humanitarian spirit without distinction of race, religion, colour or political affiliation. Her tireless efforts, drive and on-going generous support to literally hundreds of charities across various spheres of our social fabric (extending beyond rehabilitation, housing, sustenance, healthcare, medical support, emergency relief funds, education, arts and crafts, sports, to name a few) saw no boundaries with the only condition, to maintain anonymity of the donor. It would be fair to say that a tally of her benevolence during her lifetime would run into volumes!

For example, APWA (rehabilitation and housing for artisans and the initial organization of APWA cottage industries), Shalimar café (to provide employment and sustenance to the underprivileged elderly Parsi ladies and gentlemen), various schools, colleges, education and vocational training institutions, NED university, various hospitals, dispensaries, ambulance services, etc. In doing so, she was a provider of hope to innumerable individuals, families, charitable trusts, social welfare institutions and NGOs not limited to Karachi, but across Pakistan.

Her giving and indeed forgiving spirit inspired us to be more compassionate and merciful towards others. She led by example in what it means to give selflessly and without expectation, always putting full faith and hope in the good she saw in others. Perin Aunty's pure intentions, wise words and benevolent actions have supported and improved the lives of countless in poverty and contributed towards the betterment of humanity.

It takes a unique soul to be entrusted to choose and stay on a righteous path throughout their life. Perin Aunty was one such being. Daily and in the smallest of interactions, she chose to walk the path of righteousness, humility and compassion.

As the Almighty blesses the benevolent, he indeed blessed Perin Aunty with a long and fruitful life, and she in turn blessed thousands with her everlasting love and hope. A true example of what a path of devotion, service, grace and generosity looks like, she is now at peace in the company of the Almighty and among all who went before her.

We celebrate Perin Aunty's life and all that she stood for and we know that her enduring legacy of kindness, philanthropy and humanitarian work will be remembered for generations to come.

2 of 3

DhunMai Phiroze Dalal



DhunMai Dalal, a stalwart philanthropist from California was passionate about serving humanity with dignity and humility.

She has served our North American and Global Zoroastrian community in numerous roles over the last three decades.

Her prime purpose in life was focused on how to keep us united as a community through the bond of our Zoroastrian faith.

She served with passion as the Chair of the 1985 5th North American Zoroastrian Congress in Los Angeles. Her motto for this Congress was: ***We can have disagreements without becoming disagreeable.***

At this monumental Congress, she along with Farangis Shahrokh placed on the Congress agenda a session titled: *Proposal for The Organization Of A North American Zoroastrian Body*. This session fostered the stepping stone for the birth of FEZANA.

She also served as Co-Chair of the 2014 17th North American Zoroastrian Congress in Los Angeles which was a very successful event for our Zoroastrian community.

As a founding participant of FEZANA, DhunMai served as the first Chair of the FEZANA Congress Committee with a vision to ignite and unite the spirit of communal solidarity through North American Congresses.

She was also actively involved in the birth of California Zoroastrian Center in Westminster, California and as a strong supporter of the Zoroastrian Association of California. She was one of the major donors for the ZAC Center in Orange, California.

She has also served as the Trustee and Director of World Zoroastrian Organization in London.

She was an avid supporter and promoter of youth leadership within our Zoroastrian community and has been a valuable financial sponsor for numerous North American and World Zoroastrian Youth congresses since 1987.

She was also involved with many Non-profit organizations including the *American Youth Symphony* for which she served as a Director from 2011-2014.

DhunMai has left a legacy of selfless service for our future generation to emulate with communal pride.

Our hats off to her for this relentless dedication with conscientious intention for reaching out to others.

May Ahura Mazda grant her soul with everlasting peace as she now enjoys eternal life in the spiritual world.

With love and light from

Meher Amalsad

Source: FEZANA Newsletter

3 of 3

Nergis Jehangir Cooper



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Nergis aunty was the oldest Zoroastrian in Karachi. She was 104 years old and blessed with a sound mind till the end.

She was the gentlest person you could meet and this was reflected in her serene face which would brighten with a smile when she greeted you. No one ever heard a bad word being said by her about anyone.

She did have her share of sadness: she lost her only son Perwaiz over 12 years ago and her only son-in-law Pourus 2 years ago, but bore her losses with fortitude and quiet dignity.

Everyone in the family called her 'mamaiji': old, young and tiny, and they miss her sweet presence, yet know that she lived a complete life. May Ahura Mazda grant her soul Garothman Behest. SFG

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Ariana Elavia Raetz Stars in Samsung Commercial

By arZan Wadia in Parsi Khabar : 30 June 2017



Eight-year old Ariana Elavia Raetz (granddaughter of ex-Karachiites Diana and Ardeshir Elavia) has just released a national commercial in USA for Samsung Family Hub Refrigerator. The ad was directed by Oscar Winner Tom Hooper (“King’s Speech”) and filmed by Oscar Winner Linus Sandgren (“La La Land”).

Ariana has shot commercials for G-Fuel, BoomCHICKAPOP, and Motts apple sauce. But the Samsung ad is her largest production thus far. It also features her mom and sister in the background since Samsung wanted to showcase a real family using their products.

Ariana has always loved acting. But she became interested in auditioning for roles on TV when she was approached by an agent while shopping at her local Target. She begged her parents to enroll her in acting school and diligently attended an intensive 20 hours a week course for 10 weeks. After the course was completed, Ariana chose to sign on with Avalon Artists Group. She continues to attend classes at the school to hone her craft and tirelessly attends audition after audition with a positive attitude and a will to persevere. Her family and friends could not be more proud of her efforts.

Ariana lives in Irvine, CA. She loves participating in plays at the

Zoroastrian Association of California.

Copy-paste the link below which opens in Parsi Khabar page. Then scroll down to see the commercial:

<https://parsikhabar.net/news/ariana-elavia-raetz-stars-in-samsung-commercial/15543/>

PS: For the interest of our readers we add that Navjote ceremony of Ariana was performed on 28 July 2017 in Irvine, California.

OUR FRIENDS (4)

1 of 4

Parsi General Hospital Seeks your Support



games by 3-4 groups

Our newly appointed Dr Mark Lobo has engaged the patients in games and activities to keep them happy and alert. We have made a start with some games and colouring books. We would like to receive from our caring community:

- A carom board with coins, and a tipoy for the same
- Some jigsaw puzzles
- Small square plastic tables for simultaneous

- Small fish aquariums to place in general wards and verandas of Hospital

Kindly contact Dr Lobo at the Hospital telephone: 3225 0203 or 3225 9805 between 9am to 3pm to work out mutually agreeable time for your kind delivery of items. Thank you

2 of 4

"AN EXQUISITE MUSICAL JOURNEY"

Sunday 20 August at the Khorshed Mahal in Avari Towers

Tickets are on sale. Please reserve soon as there is only one performance and limited seating.

Ticket cost is Rs.2000. Children under the age of 6 years are not allowed.

Tickets will be available with:

Katherina Irani Mobile: 0300 2243063

Natasha Mavalvala Mobile: 0334 3659002

Dilshad Irani Mobile: 0300 2418970

Those who still wish to donate may contact: Rashna Gazder on 0321 273 2787 or Percy Gazder on 0333 213 6600.

3 of 4

Mama School Reunion

The Mama Parsi Girls' Secondary
School
The Old Girls' Association



August 27, 2017



7pm-10pm



The Mama Parsi Girls' Secondary School



Rs. 1,500/= (available from school)*
For Ex-Mamaians and their lady guests
(Children under 6 shall not be allowed)



*Tickets available from August 1, 2017 - August 18, 2017

Contact Persons:

- * Ms. Parinaz Patel (9am-12pm) * Ms. Mehr Solan (2pm-4pm)
- * For Clifton area : Pareezad Talati Ph. # 0333 2231740

Tickets also available at Billboard, Clifton

Join us for an evening of soulful music, great food, fun and fellowship.
Hurry up and get your tickets! See you all there!

4 of 4

Return to Roots – Fourth Trip

22 December 2017 to 3 January 2018

Young Zoroastrians are invited to apply at:

<http://zororoots.org/apply/>

before November 15, 2017. They may apply to local associations for funding and sponsorship. Please note that the applications will be accepted on a rolling-basis.

Eligible Zoroastrian youth living in Pakistan may apply for sponsorship to kzbm1912@gmail.com stating his/her full name, age, student or working and two paragraphs to tell why she/he wants to go for this tour and what she/he intends to do for the community on return.

MILESTONES

Janam

Reah, a girl to Binaisha and Narius Shekdar on **20 June in Canada**. Granddaughter to Karachiites Yasmin and Jehangir Shekdar

Lagan

Nargese Maneck Dastur and Tiraz Kersi Umrigar on 8 July

Maran

Noshir K Unwalla, h/o Roshan and f/o Cyrus (U.K.) on **25 June**

Ex-Karachiite: Dhunmai Dalal nee Kandawalla, w/o Phiroze, m/o Hormuzd, Armita and Zane Godrej, grandmother of Shayan, Arman and Shireen and s/o Franey (Dolly) Nariman Irani and Behroze Kandawalla on **3 July in USA**

Nergis Jehangir Cooper w/o (late) Jehangir Maneckji Cooper, mother of Avan Umrigar and (late) Perwaiz J Cooper, mother in-law of Mani P Cooper, grandmother of Piran P Umrigar and Dilshad Neville Patel (USA) on **16 July**

Perin Julian Dinshaw, wife of Julian Hoshang Dinshaw. Aunt of Nali Nadir Dinshaw, Kitty Dinshaw, Zarin Jehangir Kakalia, Thrity Keki Spencer, Chisti and Kavasji Dadachanji and Zarine and Sohrab Dadachanji on **18 July**

POSTINGS (5)

A House for Sale in Cyrus Minwalla Colony

Double-story bungalow with two independent units

Contact:

Cyrus Shroff: 0306-3005070

Zarin Shroff: 0333-2130583

Flavoured Cottage Cheese

And large-size Tokri naa Paneer (minimum 6 per order)

Contact Hutoxshi Naoroz Irani in Anjuman Bagh on 0321-2046484

Mango Chutney and Methia nu Achar

Don't miss the opportunity to buy these from Roshni Dinshaw: 0300-2412645

15 day Tour of Iran

6-20 October 2017

Interested persons may contact Aspi Madan on IDD + 61-415-299554, or on aspimadan@hotmail.com

Study Funds and Scholarships Galore!

Please circulate this information for the benefit of deserving students. List of Scholarship Funding Agencies, NGO's, Foundations in Pakistan providing Study Funds and Scholarships: -

1: Hashoo Foundation Scholarship Program http://www.hashoofoundation.org/education_program.php

2: Al khidmat foundation

<http://al-khidmatfoundation.org/#sthash.m4ISB1Ss.dpbs>

3: Qaid Azam Aligarh Trust Scholarship

http://www.gcu.edu.pk/Fin_aids.htm

4: Provincial governments scholarships in GIKI on need basis

<http://www.giki.edu.pk/Adm.../Undergraduate/AidAndScholarships>

5: Hamdard Foundation Pakistan

http://hamdardfoundation.org/?page_id=695

6: NGO YLP (Youngs leaders Programme) https://www.facebook.com/pages/Young-Leaders-Programme/716376955103322?sk=timeline&ref=page_internal

7: dalda foundation scholarship

<https://www.facebook.com/pages/DALDA-Scholarships/351850304919327>

8: Fauji Foundation Scholarships

<http://www.fauji.org.pk.../welfa.../stipends/stipend-categories>

9: Student Loan Scheme

<https://www.nbp.com.pk/studentloan/>

10: Pakistan Engineering Congress Scholarships

<http://pecongress.org.pk/>

11: PEEF Scholarships

<http://www.peef.org.pk/>

12: NTS Scholarships

http://www.nts.org.pk/Produ.../NTS_Scholarship/scholarship.php

13: Alfalah Scholarship Scheme

<http://www.alfalahss.org/>

14: IBA Talent Hunt Program

<http://nthp.iba.edu.pk/>

15: LUMS NOP Program

<http://lums.edu.pk/nop/>

16: Diya Pakistan Funds

<http://www.diyapak.org/>

17: USAID Scholarships

<http://www.hec.gov.pk.../USAIDFunded.../Pages/Introduction.aspx>

- 18: Sitara Chemical Industries Ltd. Talent Scholarship
<http://gcuf.edu.pk/sitara-chemical-industries-ltd-talent-s.../>
- 19: Scholarships from 'Bismillah Bibi and Mrs. Talat Jamil Scholarship trust
<http://www.uok.edu.pk/sfao/scholarships.php>
- 20: Karwan e Ilm Foundation
<http://www.kif.com.pk/>
- 21: gurmani foundation
<http://www.uaar.edu.pk/src/scho-gur.php>
- 22: Shell Pakistan Scholarships
<http://www.shell.com.pk/.../local-initiatives/scholarship.html>
- 23: National ict scholarship program
<http://www.ictrdf.org.pk/>
- 24: Frontier Education

Courtesy: Zarin M Patel



WHAT'S MORE

GOOD LIFE

Health Hazards of Frequent Hair Treatments



Common salon hair treatments can drastically increase the risk of breast cancer, a study suggests.

Researchers at Rutgers University found there was an alarming increase in risk of developing the disease when certain women used dark hair dye and chemical relaxers.

The study was conducted by researchers at the Rutgers School of Public Health and Rutgers Cancer Institute of New Jersey. Experts asked more than 4,000 women their habits of dying, relaxing or using deep conditioning creams. Researchers then examined the study participants' medical history to see if these products elevated the risk of breast

cancer. They also had a 72 percent increased risk of developing estrogen receptor positive breast cancer, which is the most common type of the disease.

The researchers speculated this increase may have something to do with DNA damage or the body absorbing the chemicals used to change the hair. Professor and study lead author Adana Llanos clarified though: “Just because we found these associations doesn’t mean that if you dye your hair dark, or any colour, you’re going to get breast cancer. But at the same time, the study points to something else we should be mindful of.”

A Finnish study found being exposed to carcinogenics in the dyes was linked to a 23% chance of getting the disease. **Users of birth control methods** such as the combined Pill and IUS coils could also face the same plight. Post-menopausal women fitted with the latter have a 52% greater chance of developing breast cancer. And there is a 32% increased risk for those who use the former hormonal-based contraceptive, the researchers claimed.

Source: The Express Tribune (June 24, 2017)

OUR FAITH

VOHU MANAH: The Good Mind



Vohu Manah is one of the Amesha Spentas, the seven archangels of Ahura Mazda, the one Wise Lord.

Though there is no hierarchy among the seven archangels, Vohu Manah is often ranked first by Zoroastrian thinkers, because it is so important in the Zarathushtrian revelation. It means "Good Mind," but some translators also translate it as "good thought" or "good thinking".

Every time we use our reason and our intellectual abilities, we are using our Vohu Manah. Zarathushtra, in presenting his revelation, invites his hearers to think about what he is saying and reason it out for themselves before they accept it. This is not like other religious revelations which must be taken on faith.

Zoroastrianism is almost unique among ancient faiths for its reliance on reason and the mind, rather than faith, non-rational experience, and the "heart." It puts tremendous emphasis on reason, (called Vohu Manah, or Good Mind in the Gatha hymns of the Prophet)

Vohu Manah is one of the ways that God communicates with us - through the use of our reason. Whenever we use our Vohu Manah, we are actually entering into communion with God. Through Vohu Manah come our best ideas, our inspirations, our finer thoughts.

Zarathushtra valued Vohu Manah so highly that in the first canto of his Gathas, Yasna 28 (song 1) he mentions it in every one of the 11 verses. In these verses, one can see the many meanings of Vohu Manah that are part of Zarathushtra's religious/philosophical thinking.

There is also a political Vohu Manah. In Yasna 31, (song 4) verse 10, Zarathushtra describes how the world chooses a protector against oppression - this protector must be a lord of truth and a seeker of Good Mind. The ideal ruler is not

