



**Monthly Newsletter from Karachi Zarhosti Banu Mandal
For circulation only to Zarhostis**

August 2016

NEW HEADER



This has been created by one of our members with education in art, but she prefers to remain anonymous. We hope you will like the new design and the additional colour it provides to play around with in the newsletter. KZBM takes this opportunity to thank the member.

KZBM PROGRAMME

There will be no programme in the month of August.

KZBM CHILD CHAPTER

Painting Jam Jars

Children love to eat jam, so why not delight them further by helping them paint a design on their favourite jar.

With this thought in mind, the KZBM Child Chapter organised two glass painting classes on 2nd and 9th July by Zavera Golwalla, assisted by volunteers: Armita Wania, Mahnaz Irani and Kainaz Irani to manage 29 small and enthusiastic

children. Even six-year-olds worked completely independently and made beautiful designs on their jam jars as you can see in the last picture below.



For Your Convenience



There will be no Navroze Sale/Mela this year, but on **Saturday 6th August and Saturday 13th August from 11am to 1pm** KZBM committee members will be present to sell the usual stitched items:

- Sadras, pyjamas nighties
- towels, bed linen and kitchen items
- children's clothes and ladies dresses

Kindly make a diary note.

Z-CLIPS

A video on

The Everlasting Flame Exhibitions

Only a hand-full of us could visit Delhi to see the above exhibitions, but here is a short video covering The Everlasting Flame by Parzor. Enjoy it by clicking on the link below. If the link does not open, copy-paste it in your browser:

<https://www.youtube.com/watch?v=qA5yqusFT14&feature=youtu.be>

The video has been created by Jamshed Farhad Irani single-handedly and with very limited resources so that our readers at least have a glimpse of the exhibitions. Do encourage Jamshed by leaving a comment on the webpage by signing in with your gmail ID, or write to him at jfarhadirani@gmail.com KZBM appreciates Jamshed's effort and outcome of his video.

Baimai Darius Sidhwa

Event Décor Creator and Chocolatier



A Navjote stage



A table decor



"Bai's Chocolates"



Wedding Favour (monogrammed chocolate)

Bai is a self-effacing person which made it difficult to get her to speak about herself, but her touch speaks well: you have to walk into a *lagan*, *navjote* or an anniversary celebration and will sense a refreshingly different décor and that is her signature. The above photographs are very amateur: being taken before finish of décor and not close-up to bring out the details, but they are just to give a feel to the reader.

Her aesthetics comes from her *masi* who was an artist in her own right. Bai's opportunity to use her innate creativity and organizational skill came to the fore when in 2001 her employers asked her to organize their company's conference in Dubai for 70-80 executives. Having left all personal travel arrangements to her husband she was a greenhorn, but took the challenge and learnt by asking and gaining tips from experienced people and the conference was a hit, with accolades from her Director Marketing and the Managing Director.

Gaining confidence and making time for her passion, she did her first private décor in 2003 for her nephew's 21st Birthday. Despite his parents in Dubai and him in Australia prior to the event, the celebration in Karachi was detailed, delightful and applauded. Thereafter there was no looking back for her: she had found her calling.

She is a Business Support Executive in the Marketing & Sales Department of Reckitt Benckiser and she reports to the Marketing & Sales Director. Going by her work at the Dubai Conference, her Managing Director gave her another challenging role in the company's first mega-launch of a product. She was to work out the cost, budget and logistics of the event and by grace of God and her ability and dedication, the event was a landmark for Benckiser Pakistan.

Bai is a devoted mother: when her son Riyan was in school all her attention and energy was towards his education and upbringing. Once he finished school she found herself at a loose end with time on hand. She ploughed it into her passion and took to event décor in private, of course selectively and mostly for Parsi clients.

She has also been rewarded with a loving and caring son. Once she twisted her ankle the night before a *lagan* whose décor she had undertaken. She could barely walk the next morning. Riyan was at a new job but he promptly phoned his boss and explained the situation and requested the day off to be with his mother. Like a stalwart he accompanied her to the *lagan* venue, supervised everything to the best of his ability with guidance from his mother and when completed, helped her get back to the car. That was Smita Kersi Edulji's wedding and some of you readers may recall the refreshingly different ambience. Riyan takes time to go to workshops, sit there and supervise merchandise her mother uses at events, and achieves the quality she would approve.

It was her son's suggestion that she makes her own chocolates as favours at events. It is an entirely self-learnt skill with trial, error and surmounting frustrations. Today, the passion has given us "Bai's Chocolate" with four standard flavours: orange delight, choco cherry, cappuccino and caramel crunch and, for ones willing to experiment: nutty orange, marzipan and mousse chocolate. She gives great credit to her husband Darius's palate which discerns the outcome of her effort in each batch, and only after his seal of approval, the chocolates are packed. Her ingredients are from Australia, New Zealand, UK and the Far East, and the melting bites are packaged in an attractive presentation box for which she is unrelenting with her suppliers for quality.

Bai is a perfectionist and maybe a bit hard to work with, but those eager to learn and take pride in what they do, consider it an opportunity, be it at Benckiser or for private orders. She works so dedicatedly at each event that perhaps exhausts her energy and usually does not attend the event she choreographs, or maybe it is because she is a low-profile person.

The events she remembers most fondly are the ones she has done for her Parsi clients: She has her feet firmly on the ground, though her head maybe in the air dreaming décor and favours. She is happy when her clients tell her their budget and when they do not have one she guides them to work out one. This helps her put their money to the best use and at the same time challenge her creativity to best meet their expectation.

This self-taught lady's newest interest is scented candles: the learning has started and we can expect an impressive outcome going by her track record! **SFG**

OUR FRIENDS

K P I



**MANI & BABU COWASJEE
SWIMMING GALA**

At KPI, on Sat. 30th July, 2016, at 3:30 pm.

FOLLOWED BY:
AN ART EXHIBITION BY FARSHAD ENGINEER
SINGING BY FIONA ENGINEER
PHOTOGRAPHY BY NAOMI HAVELIWALA
& TAMBOLA

Snacks will be available on payment

Result of Y M Z A's

**Pithawala English Poetry and Prose Elocution Competition
held on 3 April 2016 at Banu Mandal Hall at 11 am**

Prize	Name	Topic
Montessori and Grade 1		
1st	Shahrazad Spitaman Cooper	Colours
2nd	Zofia Kuresh Irani	My Doggy
3rd Tie	Iyaanah Faramerz Baria	There was a little girl
3rd Tie	Aiden Dinshaw Vania	Twinkle Twinkle
Special	Feroze Ardeshir Marker	My Hands
Special	Sharmin Hoshang Sukhia	An Elephant
Grades 2, 3 & 4		
1st Tie	Shahan Behram Irani	Get out of Bed
1st Tie	Shereen Ardeshir Marker	Jimmy Jet & his TV Set

2nd Tie	Rayan Kiyani Quettawaia	Getting dressed for School
2nd Tie	Zara Kaizad Mavalvala	The Unicorn
3rd	Teah Hormuzd Mana	Oh Captain My Captain
Special	Farnaz Ardesher Najmi	Grandma's Story Book
Special	Shane Farzain Messman	Caterpillar
Special	Fardeen Farshad Felfeli	Don't throw the Seeds Away
Special	Framroze Ardesher Purveyor	My Smart Phone isn't very Smart

Grades 5, 6 & 7

1st & Shield	Zermesh Behram Irani	Guilty or not Guilty
2nd Tie	Hufriya Farrokh Mondegarian	What Teachers Make
2nd Tie	Azman Ratanshaw Makujina	PROSE
3rd	Farzad Ardesher Najmi	Scorpion
Special	Nadya Dadabhoy Mama	Tummy Beast
Special	Usphan Farshed Namiranian	You are old Father William
Special	Kaikobad Ardesher Marker	Godfrey Gordon Gustavas Gore
Special	Fardeen Farshad Felfeli	Don't throw the Seeds Away

Zoroastrian Endowments at The Aga Khan University Hospital (AKUH)

There are two Zoroastrian endowment funds at the AKUH: The Soparivala Endowment and The Kandawalla Endowment. Every year AKU publish reports of utilisation of these endowments with a request to disseminate the information to the community: This has been done through the What's On. As per past practice, Soparivala Endowment report appeared first: in the previous issue, and the Kandawalla Endowment appears in this issue, being the order in which these funds were set up.

THE SHREEN AND GODREJ KANDAWALLA ENDOWMENT ANNUAL REPORT 2015

OVERVIEW

The Shreen and Godrej Kandawalla Endowment for patient welfare at the Aga Khan University Hospital, Karachi (AKUH, K) was established in 2005 through the generosity of the Shreen and Godrej Kandawalla Family and the Trustees of the Kandawalla Trust, and became effective from January 1, 2007. The market value of the endowment as at December 31, 2015 is valued at PKR 27.13 million.

ENDOWMENT REVENUE

DISBURSEMENT

Per the terms of the endowment, the total endowment revenue made available for disbursement was PKR 1.84 million out of which, 50 per cent i.e. PKR 925,017, was disbursed to Zoroastrian patients, and the remaining percentage was transferred to the general patient welfare pool.

The Shreen and Godrej Kandawalla Endowment continues to enable financially challenged members of the Zoroastrian community to avail the high quality medical services offered at the Aga Khan University Hospital, by subsidising their cost of treatment.

During 2015, the endowment served five Zoroastrian patients for a total of nine inpatient admissions and 48 outpatient visits, with an outlay of PKR 925,017. These patients have been treated for cardiac, ophthalmology and orthopaedic ailments. The number of patients served during 2015 is higher than in 2014, yet the assistance provided is lower as compared to 2014. This is because, for the year 2014, one of the patients was admitted three times for a foot amputation (which consisted of a significant portion of the disbursement for that year).

A representative from the Zoroastrian community and Mr Nadir Noorddin, Manager Patient Welfare at AKUH receive requests for assistance from the patients and/ or their family members and facilitate access to these funds.

DISBURSEMENT TO OTHER PATIENTS

During the year 2015, a total of 485,485 indigent patients (inpatients and outpatients) a total of PKR 1.32 billion was provided from the Aga Khan University Hospital's Patient Welfare Programme, which included a sum of PKR 922,276, the remaining portion of the Shreen and Godrej Kandawalla Endowment's 2015 revenues, which were un-utilised.

Aga Khan Hospital

Navroze Collection

Traditional collection that the Nessessalars make from the community for *Papeti*, commenced in end-June. This is for your information and contribution as you deem appropriate.

MILESTONES

Janam

Aryan, a boy to Sanaea and Narius Irani in Australia on **23rd July**. Grandson to Armeen and Perci Virjee and Mitra and Arsheesh Irani

Lagan

Taronish Jhanbux Bamji and Omer Arshad Puri on 24th July 2016

Maran

Khorshed Firoze Kanga, w/o (late) Firoze Kanga, m/o of Cyrus and Dhunmai Kanga, Jamshed and Zavera Kanga, Adi and Cecilia Kanga and Farida Masters on **3rd July**.

Behram Merwanji Quettawalla, h/o Zarine, f/o Benafshay Virji, Daneshver and Kaeyan Quettawalla on **15th July**.

Ex-Karachiite: Jehanbux Petigara, s/o Ardisher Petigara, h/o Roshan Petigara, cousin of Sanaya Vachha, Dinaz Ghandhi, Mahzareen Mama,

Dinoo Petigara, Roda Petigara, Spitaman Petigara and Rashna Ghandi in **Mumbai, India on 16th July**

Aban Jamall, w/o (late) Aziz Jamall, m/o Sascha Jamall, Shahpur Jamall, Feroze Jamall, Nyla Jamall and Lyla Jamall, sister of Vera Dastur, Goshi Masnata, Arnaz Marker, Mitzie Birdie and Happy Minwalla on **17th July**

Roshan Alam Boga, w/o (late) Shah Nazeer Alam, sister of Jal Boga, (late) Jehangir Boga and (late) Perin Cowsi Sidhwa on **23rd July**

POSTINGS

Car for Sale

Honda City Aspire 1.5: fully loaded, model 2014, color Sliver, mileage 18000. Interested parties may contact on mobile 0301 8273405

Female Assistant

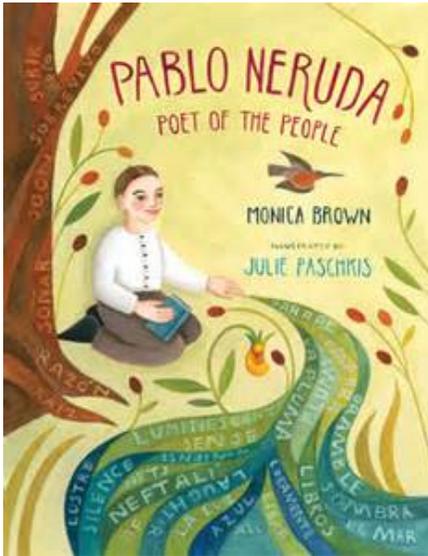
Female Assistant required for a Surgeon at his Private Clinic in Defence Phase II. For details please contact Mazdi Ogra on mobile: 0334 3466301



WHAT'S MORE

GOOD LIFE

Live Life



You start dying slowly
If you do not travel,
If you do not read,
If you do not listen to the sounds of life,
If you do not appreciate yourself.

You start dying slowly
When you kill your self-esteem;
When you do not let others help you.

You start dying slowly
If you become a slave of your habits,
Walking everyday on the same paths.
If you do not change your routine,
If you do not wear different colours
Or you do not speak to those you don't know.

You start dying slowly
If you avoid to feel passion
And their turbulent emotions;
Those which make your eyes glisten
And your heart beat fast.

You start dying slowly
If you do not change your life when you are not satisfied with your job, or with your love,
If you do not risk what is safe for the uncertain,
If you do not go after a dream.

If you do not allow yourself,
At least once in your lifetime,
To run away from sensible advice.
You start dying slowly!

Pablo Neruda, Nobel Prize Winner & Chilean Poet

OUR FAITH

Zoroastrian Yazds, Saints and Mathravani by Jamshed Farhad Irani



Zoroastrian saints,
priests and dasturs
In prayer



Faredoon Padsha



Jamshed Padsha



Dastur Meherji Rana

It is a very sad situation that Parsis worship other saints and religions, but do not know what spiritual wealth lies in our own!

Sadly, we have time for everything except to know about our own religion! Instead of Ganpati, why cannot Parsis be devoted to our Yazads, e.g. to Mino Ashishvangh who is the same as Ganpati except that we have no form given to our Yazads. Just as Ganpati gives success and wealth, so does Mino Ashishvangh.

We also have our own saints who have achieved immortality such as:

- **Kaikhusroo Padshah and Dastur Peshotan**, the son of Kai Vishtasp who was granted immortality by Asho Zarathushtra. Many remember them in prayers and ask for their blessings which are given.
- We have **Faredoon Padshah** who not only captured Zohak but has given us nirangs which heal, bring peace and prosperity.
- We have the **Ardibehesht and Vanant Yashts** to ward off any evil including any sickness. If Parsis do not even know about these great Saints and what power the utterance of their names have, then they seek instant results elsewhere.

What a pity! Sad that we are supposed to be a literate community but truly, we are the most religiously illiterate! If only Parsis knew what power there is in our own **Manthravani**:

- How Dasturan-e Dastur Adarbad Marespand performed the miracle of pouring molten metal on his chest but remained unscathed.
- How Dasturan-e Dastur Neriosang Dhaval brought down the Fire of Lightning from the Heavens by reciting the sacred Manthra of the Ahunavar
- Dasturan-e Dastur Ardaviraf went to heaven (and also to hell) while living and in trance, and he returned to give the proof of Immutable Justice that every action causes reaction.
- Dasturan-e Dastur Ardeshir Kermani saved the Parsi lives in Iran when he recited the Ijeshne ceremony to prove to Sultan Mohammed that we are people of the Book and that there is Power in our Prayers and Religion too when he made the Yazads appear on a white screen on which the Sultan watched the Yazads

- Do our children know the story of the Holy Fire of Aden and how it was brought here? No, by and large, parents are only interested in their own parties, sending kids to dance schools, but our own religion is simply put aside. It is easy for many to "follow the crowd".

Our community is mesmerised by the false glitter and glamour of the 21st century and has no time to even look elsewhere. No time to pray or read religious books. How long will we survive when many do not even know the basic kusti prayers? Hope this situation changes soon and the closeness to our Zoroastrian faith returns.

We respect all religions, but remain committed to only ours. We cannot walk on two paths/roads simultaneously although we have two feet! We walk only One Path, the religion in which we are born.

I would thus request each and every Zarathusthi to ask themselves as to whether they are doing religious things correctly? And if not, then are you going to change or stay like this and pass this to your kids too??
Decide for yourselves.

AND...

With all the new technology regarding fertility recently, a 65-year-old was able to give birth. When she was discharged from the hospital and went home, her friend went to visit.

'May I see the new baby?' she asked.

'Not yet,' the mother said. 'I'll make coffee and we can talk for a while first.'

Thirty minutes had passed, and the friend asked, 'May I see the new baby now?'

'No, not yet,' was the reply.

After another few minutes had elapsed, the friend asked again, 'May I see the baby now?'

'No, not yet'

Growing very impatient, the friend asked, 'Well, when can I see the baby?'

'WHEN HE CRIES!' informed the new mother.

'When he cries?' the friend demanded. 'Why do I have to wait until he CRIES?'

'**BECAUSE I FORGOT WHERE I PUT HIM, OK?!'**

Editor: Sunnu F Golwalla

Despatch: Last Saturday of the month.

Previous Issues: www.banumandal.com/what's on

Change of email: inform on kzbm1912@gmail.com to ensure continuity of receipt of newsletter.

Input from Community Members only: on kzbm1912@gmail.com latest by last Thursday of the month. If received later it will be placed in the following issue.

To unsubscribe: Write UNSUBSCRIBE in subject line and email to kzbm1912@gmail.com



For noting in your diary:

Day/Date	Time	Venue	Event and its details
Sat 30 July	3:30 pm	KPI	Mani & Babu Cowasjee Swimming Gala + Art and Photography Exhibitions, Singing and Tambola Snacks on payment.
Sat 06 & Sat 13 Aug	11am to 1 pm	KZBM	KZBM: Sale of stitched items